N433 – Active Learning for School Nurse Shadowing Experience- Tracy Donaldson

1. How does this clinical site relate to the course?

Because the school nurse works closely with the children in the population, this clinical site is related to the Infant, Child, and Adolescent class at Lakeview College of Nursing. The clinical facility gave me a realistic impression of a school setting where kids require medical attention from a professional. It demonstrated how the kind of care differs from what adults in an emergency receive. It also showed the value of having a school nurse and the amount of effort that goes into managing medication, filing paperwork, providing acute care, and other responsibilities. The atmosphere at the nurse's office was never dull.

2. How were you an engaged nursing professional today?

During today's school nurse shadowing clinic, I demonstrated my professionalism as a nurse by interacting with the school nurse to find out more about her specific role in the classroom, asking the kids the reason they were visiting the nurse's office, observing how the school nurse handled each situation differently, and assisting a child who another child had puked on in finding clothing. In addition, I assisted in organizing dental supplies from a dentist who was scheduled to arrive at the school on Monday to perform the kids' examinations. The bag contained toothbrushes, floss, and proper oral hygiene care information.

3. How did you contribute to the service provided by the school nurse today?

By interacting with the children while the elementary school nurse was attending to other children, I helped her out today. I enabled her to finish her daily responsibilities as a school nurse. Had the chance presented itself, I could have examined the kids, taken their temperatures, distributed ice packs, administered medication, checked for head lice, worked on the cardiac response plan, and contacted parents regarding other incidents that happened, such as kids getting harmed on the playground. To free the nurse up for other, more urgent tasks, Lillian, the other student nurse, and I also organized and packed dental hygiene bags.

4. Name **3** ways this clinical site impacts Pediatric health?

A school nurse plays a critical role in pediatric health in various vital areas. First, they involve the kids in health promotion and education by teaching them about physical, mental, and nutritional health. Second, they assist students with managing chronic

illnesses. This is something I personally saw happen with a student who has Type 1 diabetes, whose glucose monitor was updated by the nurse with the student's lunchtime carb count. Third, the nurse can offer early detection and intervention by ensuring that kids are taking care of their health issues and being up to date on certain items such as their vaccines and vision tests.

5. What are the health risks of the population served during today's clinical based on your observations today?

Poor diet and obesity in children are major health concerns, and excessive screen time is a contributing factor. It significantly negatively influences children's health, as they are more sedentary than before. Second, a significant problem for today's youth is mental health. Overuse of screens is, in my opinion, the cause of the rising rates of depression and anxiety. Finally, the school nurse noted that one of the main concerns for kids in the area is financial concerns, particularly having a poor income. She mentioned a few issues about the kids at this particular primary school, including the absence of transportation, health insurance for the kids, and a dentist or doctor in the area.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

A nursing diagnosis that is appropriate for the health risks of the community at Pine Crest Elementary School is at risk for deficient knowledge related to inadequate access to healthcare professionals as evidenced by the lack of doctors, dentists, or mental health specialists in the vicinity (Phelps, 2023). A measurable objective is for the nurse to see high-risk kids and have the parents explain to them what their child needs to be treated for and how they will get it before school starts (Phelps, 2023). Three nursing interventions are creating a mutually trusting environment with the parents, choosing the most effective teaching techniques, and giving written documents outlining the necessary actions (Phelps, 2023).

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

My involvement in the school nurse job shadow program gave me a thorough understanding of pediatric care. I now know more about community-based health practices and how I could apply them to improve my nursing practice. First, I was shown that school nurses place a high priority on prevention and education. Second, it proved to me that empathy is necessary to attend to the needs of children appropriately. And

third, allowing children to manage their long-term medical conditions assists them in becoming independent. Finally, addressing the child's preventative health needs, such as vaccinations and good behaviors, should prepare them for a lifetime of self-care.

References

Phelps, L. L. (2023). *Nursing diagnosis reference manual*. (12th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete *Total Weight- 5 points*	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments *Total Weight- 10 points*	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice, or will it? *Total Weight- 10 points*	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. ==**Must use 1 scholarly reference (published within the last 5 years)**== *Total Weight- 10 points*	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. *Total Weight- 10 points*	ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. *Total Weight- 5 points*	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____