VANESSA JACKSON

SELF REFLECTION JOURNAL FOR CLINICAL EXPERIENCE (5)

CRIS journal/self-reflection assignment

1. How does the clinical site relate to Population/Global Health?

CRIS in Danville is a non-profit organization that helps older adults maintain independence so they can live in their own homes for as long as possible. This clinical site relates to population health because the interventions CRIS provides improve health outcomes for older adults.

2. How were you an engaged nursing professional today?

I assisted the nurse in a house visit to determine if the client qualified for CRIS program benefits. I demonstrated interpersonal skills, clinical knowledge, and cultural sensitivity as a nursing professional. The client liked to talk and got off-topic quite frequently. It was vital that I actively listened to her concerns while also validating her feelings. Although the nurse conducted the interview, the client often included me and wanted to interact. Her visit was successful, and she qualified for benefits. By the end, she reached out for a big hug and congratulated me on my pending graduation.

3. How did you contribute to the service of the community today?

I contributed to the service of the community by fostering a supportive environment for the older adult client. She hesitated when asked to provide bank statements as part of the program requirements. (At this point, we had already been in the interview for two hours). I chimed in and told her she would only know the answer if she showed the statement. She initially thought she was above the eligibility income level and did not want to show it. I explained to her that if she doesn't show it, it is an automatic no, but she might be lucky if she does. Sure enough, she was not over and could get her benefits. She was willing to be trusting enough to show the statement, and that was due to rapport.

4. Name 3 ways this clinical site impacts the community health?

CRIS impacts community health by providing clients with assistive devices (at no cost) such as life alert systems, home care workers, and meals-on-wheels. All those services help older adults with daily activities and safety. CRIS also provides counseling services. Older adult's mental health plays a huge role in community health. Lastly, CRIS also impacts community health by providing wellness activities for clients, such as weekly physical activity.

5. Name 1 way this site could better serve the community and why?

This site could better serve the community if their eligibility requirements weren't difficult to meet. You have to be low-income to apply, but sometimes, some older adults have a little more assets and get disqualified. They still do not have the funds to hire home care workers or afford life-alert ADT. More older adults in the community could be helped if they altered the eligibility requirements.

6. What health risks are experienced by the population served by today's clinical site?

The entirety of the clinical was centered around the one client with whom we had the home interview. The health risks experienced were heart conditions, edema in the lower legs, and mobility issues.

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Grading Rubric Self Reflection Clinical Journal Post assignments- 10 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete	- Content is incomplete. - Major points are not clear and /or persuasive	- Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear.

Total Weight- 0.5 points	**Weight-0 point**	concepts. **Weight- 0.5 point**	**Weight- 1 point**
Critique of experience- Evaluation and Rationale for your comments ***Total Weight- 1.0 points***	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments **Weight- 0.5 point**	- Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale fo comments **Weight- 2 points**
Thoughtful Reflection- How will this affect your practice or will it? ***Total Points- 1.0 points***	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not. **Weight- 0.5 point**	- Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-1 point**	- Paper follows designated guidelines. - Paper is the appropriate length a described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why. **Weight-2 points**
APA Format Correct spelling/Grammar. **If references are used, they are in APA Format** ***Total Weight- 1.0 points***	-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language **uses jargon or conversational tone** -Lack of APA citation use and Reference page if references used. **Weight- 0 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes **the use of some jargon or conversational tone**. -Inappropriate APA citation use and Reference page if references used. **Weight- 0.5 point**	-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spellin is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used **Weight- 1 point**
Analysis of how behavioral, environmental, and genetic factors impact the population served at this site. ***Total Weight- 2.0 points***	-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site. **Weight- 0.5 point**	-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough. **Weight- 1 point**	-Accurate and thorough analysis of how behavioral, environmenta and genetic factors impact the population served at this site. **Weight- 2.0 points**

Journal submitted to discussion board within 96 hours (4 days) of the clinical experience. ***Total Weight- 2 points***	. -Paper submitted to discussion board late. **Weight- 0 point**		-Paper submitted to discussion board on time. **Weight- 2 points**

Total Points _____

*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.

POSTED BY::

Pamela Armstrong

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MODIFIED DATE::

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START DATE::

No Date Assigned