

N431 Adult Health II

Clinical Reflection Form

Name: Xitlally Bonilla

Date: 10-3-24

Clinical Rotation Site: CARLE CCU

1. Briefly write about today's experience(s)

I got to work with a lot of different patients today. With my nurse Sam, we had two patients who were in because of vehicle accidents. Our first patient got hit by a car on the interstate while he was on the construction site and suffered many injuries. Our second patient was in a motorcycle accident. While driving his motorcycle, he fell off and landed on his head. He lost the right side of his skull, but that's the only injury he sustained from the accident. I also got to see an intubation for the first time for another patient on the floor.

2. What is one thing you learned?

I learned the intubation process and how they perform a bronchoscopy.

3. What is one thing you would do differently?

I would have asked more questions about the patients, their history, and their stay because they had been in the hospital for a while.

4. What is your major "take home" from today's clinical experience(s)?

My major "take home" message is how quickly someone's life can change. I feel like a lot of the patients I've had at clinicals are people who develop disorders or are in there for some illness, for example kidney failure or heart failure. However, today, one of my patients was in a motorcycle accident where he fell off his bike, and the other was hit by a car while at his

job. Both patients are in critical condition, and it's hard for me to imagine them going back to normal. It's just crazy how quickly things can change in one's life.

5. Is there anything else you would like to mention?

Not really it was a good rotation, and I really enjoyed it. I feel like I learned a lot from the nurse, Ryan. He was really kind to me and Erica and was really good at explaining everything he was doing.