

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references.** Your score will be based on this rubric. **Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?
 - a. **This clinical site is a very beneficial rotation to have for this pediatrics class. I think this clinical rotation was beneficial because a major part of the pediatric population will go to a doctors office of clinic like this one whenever they get sick. I enjoyed being able to see how the nurses work with this population of patients who come in. This clinical site gave me experience on how to triage pediatric patients in a doctor office setting. This clinical site also game me experience on learning how to answer patient phone calls and how to answer questions that may be asked.**
2. How were you an engaged nursing professional today?
 - a. **There were many tasks that I was able to help with during this clinical rotation site that helped me to be an engaged nursing professional during this day. One task I was able to do was to help the nurse bring the patients and their family members back to the room that the doctor would see them in. Once we got back to the room I was able to listen to the nurse triage the patient and ask many different questions. This was a very good opportunity to have and I feel like I learned a lot just by listening to this. Another task I was able to do was help do vital signs on the patients. The nurse also let me listen to respiratory sounds on a patient who came in with respiratory issues to help me learn what different respiratory sounds sound like.**
3. How did you contribute to the service provided by the clinic nurse today?
 - a. **During this clinical rotation site, the nurses were very good about letting me help them with the patients they were seeing. One thing I was able to do that helped contribute to the service provided by the clinic was to get patients from the waiting room and bring them back to the room where they would be seen. Another task that I was able to do to help contribute as a nursing student was to get vital signs from the patients that were being seen. Another task I was able to do was to weight the patient and measure their height.**
4. Name **3** ways this clinical site impacts Pediatric health?
 - a. **There are many different ways that this clinical site impacts pediatric health. The first was that this site has an impact is by doing regular health check-up appointments on pediatric patients. The second way that this site impacts pediatric health is by helping diagnose different illnesses that pediatric patients may have, and then making sure they get the proper care they need to take care**

of those illnesses. One last way that this clinical rotation site has an impact on pediatric health is by answering phone calls and answering questions that parents may have about their child, and scheduling appointments for pediatric patients to be seen by a doctor or provider.

5. What are the health risks of the population served during today's clinical based on your observations today?
 - a. **During this clinical site rotation, there were only two different patients who came in for reasons other than a normal health check up. One patient who came in was having respiratory issues. The other patient who came in was there for a sore throat and wanted to be tested for strep throat. Based on these two patients the health risks that the population may be at risk for includes respiratory viruses and strep throat. Both of these two illnesses can be easily spread to others if they are not properly treated, so it is good that they were seen in order to help them feel better and to prevent the spread to others.**
6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
 - a. **This patient is at risk for acute pain related to strep throat as evidenced by patient stating that their throat hurts when they swallow.**
 - b. **The goal for this patient is for them to finish their prescribed antibiotics in the ten days and for them to no longer have strep throat by the end of their antibiotic regimen.**
 - c. **Nursing interventions:**
 - i. **The first nursing intervention is to educate the patient about their prescribed antibiotics and stress the importance of finishing the entire dose (Phelps, 2023).**
 - ii. **The second nursing intervention is to encourage the patient to drink lots of fluids to stay hydrated (Phelps, 2023).**
 - iii. **The last nursing intervention is to offer nonpharmacological pain management such as ice, popsicles, or warm liquids such as tea (Phelps, 2023).**
7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?
 - a. **I learned a lot of great nursing experience while shadowing at this clinical rotation site. This clinic shadowing gave me great experience on how to gather information from a patient who comes into the doctor office setting. This clinical also gave me insight on how to answer questions over the phone. I also got great experience on how to do vital signs on pediatric patients, as well as getting their weight and their heights. This was very useful because I don't every get very much experience working with pediatric patients very often. I am very glad to have gotten the experience from shadowing at this rotation site.**

Resources:

Phelps, L. (2023). *Nursing Diagnosis Reference Manual*. (12th ed.). Wolters Kluwer

N433 Grading Rubric Nurse Shadowing Clinical Paper 50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct</p>	<ul style="list-style-type: none"> - Lack of APA format. 	<ul style="list-style-type: none"> - Inappropriate APA format. 	<ul style="list-style-type: none"> - Correct APA format.

<p>spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____