

# Module Report

Simulation: HealthAssess 3.0

Module: Cardiovascular



Individual Name: **Jacque Alldredge**

Institution: **Lakeview CON**

Program Type: **BSN**

## Overview Of Most Recent Use

	Date	Time Use	Score
Lesson	9/29/2024	21 min 54 sec	N/A
Test	9/29/2024	9 min	92.3%

## Lesson Information:

Lesson - History:		
	Date/Time	Time Use
		<b>Total Time Use: 26 min</b>
Lesson	9/29/2024 3:06:13 PM	21 min 54 sec
Lesson	9/29/2024 2:42:31 PM	3 min 39 sec

## Cardiovascular 3.0 Test Information:

Cardiovascular 3.0 Test - Score Details of Most Recent Use												
	Individual Score	Individual Score										
		1	10	20	30	40	50	60	70	80	90	99
COMPOSITE SCORES	92.3%											▲
Cardiovascular 3.0 Test	92.3%											▲

Cardiovascular 3.0 Test - History			
	Date/Time	Score	Time Use
			<b>Total Time Use: 9 min</b>
Cardiovascular 3.0 Test	9/29/2024 2:01:00 PM	92.3%	9 min

This expert chart is intended to assist in evaluating student performance in documentation for this activity. Only the tabs and tables of the chart that warrant entries are included, and the expert responses for comparing against student responses are indicated with bold text.

Doris Anderson  
**MRN:** 3126132  
**Allergies:** none

**DOB:** 54 years old  
**Height:** 62 in  
**Weight:** 160 lb

**Attending:** Marisol Menendez MD  
**Code Status:** Full Code  
**Comments:** none

### Notes

Note Time	Note Type	Professional Role
5.0 minutes after start	Nursing/Clinician Note	Nurse

Client reports eating oatmeal for breakfast; chicken, broccoli, and brown rice for lunch; a handful of nuts for a snack; salad and grilled fish for dinner. Drinks 8 glasses of water a day. Participated in cardiac rehab for 3 months; continues to exercise 30 minutes a day, 3 days a week, and walks outside the other days. Reports stamina has improved.

### Flowsheet

#### Admission

HH 5.0 minutes after start

#### Informant(s)

Informant if not patient  
 (Name and relationship)

#### Admission Problems

Chief Complaint

Principal Problem -  
 Admission Diagnosis

Other Problems/Diagnosis

### History of Present Illness/Injury

Location (Where are the Symptoms located? Are they local or do they radiate?)	
Duration (When did it start? How long has this problem existed? Is it getting worse? Changing?)	Heart attack 6 months ago. Had manifestations for 3 hr before going to the hospital.
Timing- (When does it occur? Night or day? At work? etc.)	
Quality- (Characteristics such as constant, sharp, dull, sore)	
Severity- (How bothersome is the problem? Can you sleep, work, etc?)	
Describe this illness/injury related to how and where this problem began.	
What makes this problem worse or better?	
Signs and Symptoms	Tightness in the center of her chest and jaw, and shortness of breath.
Comments	Has been following a low sodium, low sugar diet since heart attack and reports losing 15 pounds. Reports elevated cholesterol in the past.

### Additional Demographic Info

Marital Status	
Is English the Primary Language?	
Preferred Language if Not English	
Education Level	
Religion/Spirituality	
Occupation	High school history teacher
Race/Ethnicity	
Comments	Returned to work 2 weeks after the heart attack.

## Home Medication List

Multivitamin

Ordered by:  
Reason:  
Start Date:  
End Date:

Aspirin  
81 mg daily, Oral

Ordered by:  
Reason:  
Start Date:  
End Date:

Vitamin D

Ordered by:  
Reason:  
Start Date:  
End Date:

## Substance(s) used

Alcohol

Drinks a shot of scotch on the rocks every Friday.

Would like to quit?:

Cessation program offered?:

Last glass 2 days ago

## Flowsheet

### *Vital Signs*

HH 10.0 minutes after start

## Vital Signs

Temperature

Temperature Source

Pulse **92 bpm**

Pulse Source **Apical**

Blood Pressure

Position

## Flowsheet

### Assessment

HH 10.0 minutes after start

#### Cardiac

Cardiac Rhythm/Sounds      Regular rhythm, 51 and 52 present

Cardiac Symptoms

Monitors/Telemetry?

Cardiac Comments

#### Peripheral Vascular

RUE      Capillary refill less than 3 seconds, +2 moderate pulse

LUE      Capillary refill less than 3 seconds, +2 moderate pulse

RLE      Capillary refill less than 3 seconds, No edema or pain, +2 moderate pulse

LLE      Capillary refill less than 3 seconds, No edema or pain, +2 moderate pulse

Periph. Vasc. Comments

#### Integumentary

Skin Color      Appropriate for ethnicity

Skin Temperature/Condition      Intact, Warm

Skin Turgor

Skin Comments      Upper and lower extremities warm to touch.