

# SELF REFLECTION JOURNAL FOR LEGACY PROJECT

## Legacy Project journal/Self-reflection Assignment

**Jessica Warren**

The Mattoon Haven

How does the clinical site relate to Population/Global Health?

This site is open for those in the population who do not have a home. This site provides shelter, food, donated clothing, and donated hygiene items for those who are in need. The Haven will also provide services to those who stay that need assistance with resumes, job applications, and finding a landlord that will work with them and their criminal background.

How were you an engaged nursing professional today?

While volunteering at The Haven for the Legacy project I cleaned common areas, cleaned rooms, bathrooms, and the kitchen. I also visited with clients that looked like they needed someone to talk to. I also helped to prep dinner for the 6pm meal.

How did you contribute to the service of the community today?

While volunteering at The Haven for the Legacy project I cleaned common areas, cleaned rooms, bathrooms, and the kitchen. I also visited with clients that looked like they needed someone to talk to. I also helped to prep dinner for the 6pm meal.

Name 3 ways this clinical site impacts the community health?

It provides a safe place for those who need shelter and food. The facility provides a place for those who need help finding a home/apartment and they will also assist with job applications as well as assisting with resumes. This facility provides resources to the Coles County community first and then to those who come to the area from other communities as they are able.

Name 1 way this site could better serve the community and why?

I'm not sure how they could better serve the community. The Mattoon Haven already does one of the greatest services for the community, providing basic needs to those who are unable to attain those needs themselves. The Haven is looking to expand and build a transitional house. This will allow them to provide even more services to the community.

What health risks are experienced by the population served by today's clinical site?

This site has a risk for violent people and violent outbursts. When we were interviewing Courtney, one of the employees that runs The Haven, she stated the cops have had to come a few times. One evening a client was being belligerent and threatening other clients that were staying there. The disruptive person was asked to leave, and things escalated to where the cops were called and the disruptive person ended up being tazed by the police. There is a risk of being exposed to drugs and drug paraphernalia. There have been a few times that police and DCFS have been involved when drugs have been found in one of the family rooms.

## Grading Rubric Self Reflection Clinical Journal Post assignments- 10 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 0.5 points</i></p>	<p>- Content is incomplete. - Major points are not clear and /or persuasive</p> <p><b>Weight-0 point</b></p>	<p>- Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts.</p> <p><b>Weight- 0.5 point</b></p>	<p>- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear.</p> <p><b>Weight- 1 point</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 1.0 points</i></p>	<p>- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments</p> <p><b>Weight- 0.5 point</b></p>	<p>- Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments</p> <p><b>Weight- 1 point</b></p>	<p>- Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments</p> <p><b>Weight- 2 points</b></p>
<p><b>Thoughtful Reflection-How will this affect your practice or will it?</b></p> <p><i>Total Points- 1.0 points</i></p>	<p>- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not.</p> <p><b>Weight- 0.5 point</b></p>	<p>- Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not.</p> <p><b>Weight-1 point</b></p>	<p>- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why.</p> <p><b>Weight-2 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>If references are used, they are in APA Format</b></p> <p><i>Total Weight- 1.0 points</i></p>	<p>-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language <b>uses jargon or conversational tone</b> -Lack of APA citation use and Reference page if references used.</p> <p><b>Weight- 0 point</b></p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes <b>the use of some jargon or conversational tone.</b> -Inappropriate APA citation use and Reference page if references used.</p> <p><b>Weight- 0.5 point</b></p>	<p>-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used.</p> <p><b>Weight- 1 point</b></p>
<p><b>Analysis of how behavioral, environmental, and</b></p>	<p>-Inaccurate analysis of how behavioral, environmental, and</p>	<p>-Accurate analysis of how behavioral, environmental, and genetic factors impact the</p>	<p>-Accurate and thorough analysis of how behavioral, environmental, and genetic factors impact the</p>

<p><b>genetic factors impact the population served at this site.</b></p> <p><i>Total Weight- 2.0 points</i></p>	<p>genetic factors impact the population served at this site.</p> <p><b>Weight- 0.5 point</b></p>	<p>population served at this site, but was not thorough.</p> <p><b>Weight- 1 point</b></p>	<p>population served at this site.</p> <p><b>Weight- 2.0 points</b></p>
<p><b>Journal submitted to discussion board within 96 hours (4 days) of the clinical experience.</b></p> <p><i>Total Weight- 2 points</i></p>	<p>.</p> <p>-Paper submitted to discussion board late.</p> <p><b>Weight- 0 point</b></p>		<p>-Paper submitted to discussion board on time.</p> <p><b>Weight- 2 points</b></p>