

SELF REFLECTION JOURNAL FOR CLINICAL EXPERIENCE (4)

VANESSA JACKSON

Adult Health Clinic journal/self-reflection assignment

See grading rubric below

1. How does the clinical site relate to Population/Global Health?

The adult health clinic relates to global health because it focuses on preventative care and chronic disease management. Preventive care consists of screenings, vaccinations, and health education. All three of these components are significant for decreasing the incidence of diseases in populations. Chronic disease management helps improve individual health outcomes, improving the quality of life for communities as a whole.

2. How were you an engaged nursing professional today?

I engaged as a nursing professional by actively engaging with my preceptor. I asked questions, observed interactions between the medical staff, and maintained professionalism. I enjoy maximizing my learning experience during every clinical opportunity because it allows me to align it with my coursework and personal goals, making me a better future nurse.

3. How did you contribute to the service of the community today?

My preceptor made phone calls and helped patients via MyCarle for most of my time at the clinic. It allowed me to see different communication styles in patient care. There was one young lady I had the pleasure of meeting who was getting an MRI screening. I contributed to the service of the community by just being part of the screening process, which is crucial in serving the community. The experience enhances my understanding of the nursing process.

4. Name 3 ways this clinical site impacts the community health?

The adult health clinical site impacts community health by providing vital health services. The clinic also educates patients about healthier lifestyles and nutrition, which helps foster a healthier community. Another way this site impacts community health is by providing referral services. Clinic providers can give referrals to specialists and ensure that patients receive care tailored to their needs.

5. Name 1 way this site could better serve the community and why?

This site could better serve the community by establishing better feedback mechanisms. I think Google and Yelp reviews are the only things I noticed that were in place for patients to provide feedback. Usually, clinics have a designated area that promotes patient feedback, and I didn't see anything. Whether the clinic is doing good or bad, you want to open those communication channels so you can make necessary changes to patient needs.

6. What health risks are experienced by the population served by today's clinical site?

The health risks experienced by the population at today's site were migraines, prescription refills for pain management and mental health, HPV vaccination, and cardiac health issues.

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Grading Rubric Self Reflection Clinical Journal Post assignments- 10 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete	<ul style="list-style-type: none">- Content is incomplete.- Major points are not clear and /or persuasive	<ul style="list-style-type: none">- Content is not comprehensive and /or persuasive.- Major points are addressed, but not well supported.- Research is inadequate or does not address course	<ul style="list-style-type: none">- Content is comprehensive, accurate, and persuasive.- Major points are stated clearly and are well supported.- Content and purpose of the writing are clear.

Total Weight- 0.5 points	Weight-0 point	concepts. Weight- 0.5 point	Weight- 1 point
Critique of experience-Evaluation and Rationale for your comments	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments Weight- 0.5 point	- Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments Weight- 1 point	- Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments Weight- 2 points
Total Weight- 1.0 points	Weight- 0.5 point	Weight- 1 point	Weight- 2 points
Thoughtful Reflection- How will this affect your practice or will it?	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not. Weight- 0.5 point	- Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not. Weight-1 point	- Paper follows designated guidelines. - Paper is the appropriate length described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why. Weight-2 points
Total Points- 1.0 points	Weight- 0.5 point	Weight-1 point	Weight-2 points
APA Format Correct spelling/Grammar. If references are used, they are in APA Format	-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone -Lack of APA citation use and Reference page if references used. Weight- 0 point	- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. -Inappropriate APA citation use and Reference page if references used. Weight- 0.5 point	-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used Weight- 1 point
Total Weight- 1.0 points	Weight- 0 point	Weight- 0.5 point	Weight- 1 point
Analysis of how behavioral, environmental, and genetic factors impact the population served at this site.	-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site. Weight- 0.5 point	-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough. Weight- 1 point	-Accurate and thorough analysis of how behavioral, environmental and genetic factors impact the population served at this site. Weight- 2.0 points
Total Weight- 2.0 points	Weight- 0.5 point	Weight- 1 point	Weight- 2.0 points

<p>Journal submitted to discussion board within 96 hours (4 days) of the clinical experience.</p> <p>Total Weight- 2 points</p>	<p>.</p> <p>-Paper submitted to discussion board late.</p> <p>Weight- 0 point</p>		<p>-Paper submitted to discussion board on time.</p> <p>Weight- 2 points</p>
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Total Points _____

*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.

POSTED BY::

Pamela Armstrong

CREATED DATE::

08/15/2024 05:08 PM

MODIFIED DATE::

08/15/2024 05:08 PM

START DATE::

No Date Assigned