

## Module Report

Tutorial: The Communicator 2.0

Module: Technique Identifier: Client undergoing weight-loss surgery



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Program Type: BSN

### Time Use and Score

|                                                             | Date/Time            | Time  | Score |
|-------------------------------------------------------------|----------------------|-------|-------|
| Technique Identifier: Client undergoing weight-loss surgery | 9/27/2024 6:31:11 PM | 7 min | 91.7% |

| NT Technique Identifier Bariatric |                                                                                                                                                                                                        |                   |
|-----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|
| Technique 1                       |                                                                                                                                                                                                        |                   |
| Selected Option/ Result           | Nontherapeutic                                                                                                                                                                                         | Result: Correct   |
| Rationale                         | Lack of eye contact is a nontherapeutic, nonverbal communication technique because it indicates the nurse is not interested in what is being said by the client.                                       |                   |
|                                   |                                                                                                                                                                                                        |                   |
| Technique 2                       |                                                                                                                                                                                                        |                   |
| Selected Option/ Result           | Nontherapeutic                                                                                                                                                                                         | Result: Incorrect |
| Rationale                         | Clarifying is a therapeutic communication technique because it allows the nurse to validate the message received to ensure that both the nurse and client have a mutual interpretation of the message. |                   |
|                                   |                                                                                                                                                                                                        |                   |
| Technique 3                       |                                                                                                                                                                                                        |                   |
| Selected Option/ Result           | Therapeutic                                                                                                                                                                                            | Result: Correct   |
| Rationale                         | Focused questions are a therapeutic communication technique because they allow the nurse to clarify a message, collect data, encourage feedback, and confirm the client's ideas and beliefs.           |                   |
|                                   |                                                                                                                                                                                                        |                   |
| Technique 4                       |                                                                                                                                                                                                        |                   |
| Selected Option/ Result           | Nontherapeutic                                                                                                                                                                                         | Result: Correct   |

|                         |                                                                                                                                                                                                                                                                              |                 |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| Rationale               | A judgmental response is a nontherapeutic communication technique because it imposes the nurse's personal attitudes, beliefs, values, and moral standards on the client.                                                                                                     |                 |
|                         |                                                                                                                                                                                                                                                                              |                 |
| Technique 5             |                                                                                                                                                                                                                                                                              |                 |
| Selected Option/ Result | Nontherapeutic                                                                                                                                                                                                                                                               | Result: Correct |
| Rationale               | Focusing on self is a nontherapeutic communication technique because it prevents the client's goals from being perceived as most important.                                                                                                                                  |                 |
|                         |                                                                                                                                                                                                                                                                              |                 |
| Technique 6             |                                                                                                                                                                                                                                                                              |                 |
| Selected Option/ Result | Therapeutic                                                                                                                                                                                                                                                                  | Result: Correct |
| Rationale               | Developing rapport with a client supports the establishment of a therapeutic relationship by sharing mutual feelings of acceptance while maintaining open communication and the development of trust and respect.                                                            |                 |
|                         |                                                                                                                                                                                                                                                                              |                 |
| Technique 7             |                                                                                                                                                                                                                                                                              |                 |
| Selected Option/ Result | Nontherapeutic                                                                                                                                                                                                                                                               | Result: Correct |
| Rationale               | Automatic comments are a nontherapeutic communication technique because the use of clichés minimize the client's importance and concerns.                                                                                                                                    |                 |
|                         |                                                                                                                                                                                                                                                                              |                 |
| Technique 8             |                                                                                                                                                                                                                                                                              |                 |
| Selected Option/ Result | Therapeutic                                                                                                                                                                                                                                                                  | Result: Correct |
| Rationale               | Displaying a caring attitude supports the establishment of a therapeutic relationship by conveying genuine concern and a feeling of emotional closeness, which results in the nurse's ability to achieve a greater level of communication and understanding with the client. |                 |
|                         |                                                                                                                                                                                                                                                                              |                 |
| Technique 9             |                                                                                                                                                                                                                                                                              |                 |
| Selected Option/ Result | Therapeutic                                                                                                                                                                                                                                                                  | Result: Correct |
| Rationale               | Exploration is a therapeutic communication technique because it encourages the client to delve deeper into a topic or issue of concern.                                                                                                                                      |                 |
|                         |                                                                                                                                                                                                                                                                              |                 |
| Technique 10            |                                                                                                                                                                                                                                                                              |                 |
| Selected Option/ Result | Nontherapeutic                                                                                                                                                                                                                                                               | Result: Correct |

|                                |                                                                                                                                                                            |                        |
|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|
| <b>Rationale</b>               | Giving advice is a nontherapeutic communication technique because it takes away the client's decision-making ability and creates doubt in relation to decisions made.      |                        |
|                                |                                                                                                                                                                            |                        |
| <b>Technique 11</b>            |                                                                                                                                                                            |                        |
| <b>Selected Option/ Result</b> | Therapeutic                                                                                                                                                                | <b>Result:</b> Correct |
| <b>Rationale</b>               | Active listening is a therapeutic communication technique because the nurse takes in information using all the senses, while conveying an open attitude toward the client. |                        |
|                                |                                                                                                                                                                            |                        |
| <b>Technique 12</b>            |                                                                                                                                                                            |                        |
| <b>Selected Option/ Result</b> | Therapeutic                                                                                                                                                                | <b>Result:</b> Correct |
| <b>Rationale</b>               | Open-ended questions are a therapeutic communication technique because they allow the client to direct the conversation and verbalize related thoughts and concerns.       |                        |
|                                |                                                                                                                                                                            |                        |