N433 – Active Learning for Ambulatory Nurse Shadowing Experience- Tracy Donaldson

1. How does this clinical site relate to the course?

The Carle Pediatrics clinical rotation is related to my Infant, Child, and Adolescent Health class because the clinic specifically deals with children, which is what the class is about. The clinic provides urgent care, routine check-ups, and referrals to specialists in the event of an injury or more serious sickness. Additionally, they arrange pediatric wellness visits. Observing the management of illnesses and well-child visits allowed me to understand the differences between managing pediatric patients and managing adult patients in a hospital environment. Every patient visit at the clinic offers me a fresh opportunity to improve my nursing abilities for kids ages one to eighteen.

2. How were you an engaged nursing professional today?

I actively participated in the direct care of the patients and their accompanying guardians today, demonstrating my professionalism as a nurse. A three-year-old girl was the first patient, and she had come in with an upper respiratory infection. I had the opportunity to discuss the child's admission and symptoms with her foster mother as the baby was being swabbed in the nostrils. I talked with the mother of the second patient, a newborn being seen for a well-baby visit, about how the child was doing. The third patient I spoke with the mother about the baby's progress was a nine-month-old who was in for a well-baby checkup.

3. How did you contribute to the service provided by the clinic nurse today?

Even though I may not have directly impacted the clinic's services today, I could still have made many contributions if I had been given the opportunity. They include body and head circumference measurements, weights, patient histories, nose swabs, blood pressure, heart rate, chart updating, and other general tasks. If any of the children were due for vaccinations, I could have educated the caregiver on the vaccines and also administered them. Lastly, if a patient needed a referral to a specialist, I could have assisted with that.

4. Name **3** ways this clinical site impacts Pediatric health?

The Riverfront's Carle Clinic has many different effects on children's health. Arguably, first and foremost, a child's growth and development depend on pediatric wellness appointments. If the infant is meeting milestones as they should, the pediatrician and caregiver should be aware of it. For example, a baby should be able to stand up at one-month-old, hold their chin up when they are lying on their stomach from birth to one-month-old, grab toys from two to three months old, and roll from side to side from six to eight months old, and so on (Rudd & Kocisko, 2023). Second, wellness appointments, as well as regular visits, are essential to a child's health. Third, referrals to specialists are necessary for the child's well-being if needed.

5. What are the health risks of the population served during today's clinical based on your observations today?

Poor diets, inactivity, accidents, and violence are among the top health risks for children in today's population, although I did not witness any of these today. Rising use of electronic devices and not exercising can contribute to poor health outcomes; many young people spend too much time on video games or cell phones and eat a non-healthy diet. Violence, especially gun violence, poses a severe health risk for the young population. Many firearms are getting into young hands, causing injuries or even death. Accidents, especially with young drivers, that involve using cell phones while driving are also a huge health risk.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

A nursing diagnosis I would choose for a teenager regarding accidents is that the patient is at risk for physical trauma related to unsafe cell phone usage, as evidenced by the adolescent driving their car while texting (Phelps, 2023). For this nursing diagnosis, a measurable objective would be to track the number of times the patient uses their cell phone while driving using a sophisticated app. The first nursing intervention identifies and records risk factors and dangerous behaviors observed or discussed with the patient to design successful interventions (Phelps, 2023). The second nursing intervention is a teaching topic on how dangerous cell phone usage is while driving, even showing videos or stories about what can happen (Phelps, 2023). Lastly, the patient should be instructed on safety practices, such as using the cell phone while parked (Phelps, 2023).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

By gaining knowledge from the seasoned medical experts who work with children daily, my experience shadowing the pediatrics clinic at Carle will significantly impact my nursing practice. I was able to personally witness the importance of pediatric health and wellness. I exercised my critical thinking abilities while observing the nurses' responses to a few medical queries. I used the knowledge I had gained in the classroom in practical scenarios with knowledgeable clinical staff members. Observing a clinic helped me fully comprehend the dynamics of such an environment. Compared to previous environments I have experienced; this clinical setting was quite distinct.

References

Phelps, L. L. (2023). *Nursing diagnosis reference manual*. Walters Kluwer.

Rudd, K., & Kocisko, D. (2023). *Davis advantage for pediatric nursing critical components of nursing care* (3rd ed ed.). F.A. Davis.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete *Total Weight- 5 points*	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments *Total Weight- 10 points*	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice, or will it? *Total Weight- 10 points*	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. ==Must use 1 scholarly reference (published within the last 5 years)== *Total Weight- 10 points*	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone. - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. *Total Weight- 10 points*	ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. *Total Weight- 5 points*	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____