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### Discussion Questions

Is the setting appropriate to care for this client? Why or why not?

Yes, the patient is in an appropriate setting to allow care. They are surrounded by healthcare staff and in the correct environment to receive care.

- What considerations (culture, literacy, religious, diet, economic, education, pronouns, gender identity, etc.) should you address when caring for this client?

No specific considerations were mentioned in this simulation. If there were, then you would want to gain knowledge about those specific considerations by asking the patient for more information regarding culture, religion, etc. You then would want to provide care with respect to their beliefs.

- What resources or supplies will you need when caring for this client?

With this patient, there are no specific supplies or resources to provide care.

### Clinical Judgement Questions

Recognize Cues (Assessment)

- Was the report effective for you to care for this client?

Yes, the report gave me information to assist with care to this client. It gave me an outline of the situation, background, assessment, and recommendations along with person and specific information to the client. I had enough information to know what was going on with the client that I would be able to use to relay this information to another healthcare employee if needed.

- What information is missing from the scenario and is needed to effectively care for the client?

Information missing included recommendations and some assessment information. Recommendations could have been helpful when planning care for the patient. It could have given assistance and another insight to what should be done to provide care for the patient. Some of the assessments that were missing if there were any could have also helped with what to look out for. The labs for example, could have given me information regarding how effective the surgery was as well with keeping up to date to see what has changed post-surgery.

- What information was relevant to the client's condition?

The pain level was relevant to the client's condition because it involved the incision site. It also gave me an insight and information on how the patient was post-surgery. The vital signs were also helpful in knowing how stable or unstable the patient was. Adding to that, the neurologic assessment findings were relevant with how alert the patient was. This can make it easier for the nurse to provide care when preparing how they will do that. It allows for any adaptations to be known beforehand.

- What subtle changes did you recognize in the client's condition? What condition were the subtle changes in the client's health status related to?

The patient's pain level decreased. Along with that, some vitals had a subtle change. These changes could have been related to the patient's pain level along with recovering from surgery.

#### Analyze Cues (Analysis)

- Compare the client findings to the evidence-based resources and standards of care.

We would need to make sure the interventions are relevant for the client when comparing the outcomes of the client with evidence-based resources. We must evaluate how we can keep the client from having problems in the future and whether any adjustments need to be made to their daily routines. This includes assessing the client, administering their medication correctly, and maintaining close tabs on their vital signs. In terms of the standards of care, hand hygiene and precise recordkeeping are crucial.

- What are the specific needs of this client?

The client needs to be educated on how to properly care for a wound at home. This is important so that an infection does not occur, or the incision site get worse. They also need specific assistance when any type of ambulating is involved. They still had some pain when ambulating so assisting the patient will ensure safety for the patient.

- What are the potential complications this client may experience?

Complications that could occur in this patient may infection, safety, and education. Education can fix all these complications in a way. Providing education to the patient about different signs to look for regarding infection is important because it will allow them to be more aware of when an infection can be occurring. In addition to that, giving education to the patient about proper care of the wound and incision site is essential to not allow any complications to the healing process. If the patient knows how to care for the area, there is a less chance of infection to occur. Safety is also important especially when ambulating. The pain can cause a fall or decrease in safety to the patient.

- What findings are of immediate concern for this client?

Pain should be a concern because that can be a lead to many different things. You should also be aware of different symptoms in regard to the surgery. Any redness, increasing pain, swelling, or drainage should be an immediate concern. Any adverse effects of any medications should also be a concern.

### Prioritize Hypotheses (Analysis)

- Identify and rank the top three problems for this client. Provide a rationale for your decision on the rank order.

Infection, pain, and education. After the ABC's, infection comes next. Infection can also lead to other complications. It also leads to a slower healing process. Assessing vitals can help with this care. Pain is next because this also can have other complications. This can affect other systems in the body. With that, then I have education last. Educating the patient is important when addressing these other problems. This gives them an explanation of why the things we do are important or if they are important to look for. This can also then give them the knowledge in the future.

### Generate Solutions (Planning)

- What interprofessional health care team member will need to be included in establishing a plan of care?

"Each member of the interprofessional team plays a crucial role in the care of patients. The members of the interprofessional team that may be involved in a patient's care include advanced practice registered nurse, nurse, physical therapist, occupational therapist, respiratory therapist, social worker, pharmacist, dietitian, unlicensed assistive personnel, and physicians" ("Roles of the Healthcare Team for Nursing RN," n.d.). It depends on the situation to know who all should be involved in planning care.

*Interprofessional Team Member Roles - Roles of the Healthcare Team for Nursing RN.* (n.d.). Picmonic. [https://www.picmonic.com/pathways/nursing/courses/standard/professional-standards-of-nursing-8246/roles-of-the-healthcare-team-32340/interprofessional-team-member-roles\\_8475](https://www.picmonic.com/pathways/nursing/courses/standard/professional-standards-of-nursing-8246/roles-of-the-healthcare-team-32340/interprofessional-team-member-roles_8475)

### Take Actions (Implementation)

- Identify the nursing actions that should be taken based on the prioritized client problems.

Assessing the patients' vitals can help with providing care and education involving infection. Looking and recognizing signs of infection is important. It is an easy complication that can occur if proper care is not being done correctly. Making sure the vitals are within normal range is important. It can determine how stable or unstable the patient is. You can also provide education to the patient so they can be more aware of any complications that could happen.

- Identify the potential impact the nursing action has on the client outcomes.

The nursing action can have a few different impacts. Like I had mentioned above, assessing and monitoring the vitals can give you an idea how the patient is doing. Vitals are an important factor of a person's health. Educating the patient also has a big impact on the patient. It determines how the

patient will take care of themselves on their own. It is up to the nurse how well they educate the patient and to reassure they understand the education.

#### Evaluate Outcomes (Evaluation)

- What responses by the client would indicate that the nursing actions were effective?

The patient understanding proper care to the incision site shows effective teaching. In addition, if the patient is able to understand and recognize adverse effects of medication will show effectiveness.

- What are the safety concerns you identified caring for the client(s)?

Safety concerns can be adverse effects of the medications the patient is being discharged with. They should be able to recognize the signs and symptoms of the medications to allow them safety. If they are not aware of them, it can lead to more complicated problems.

#### Reflection Questions

Evaluate your ability to care for the client(s). What did you do well, and what could have been improved?

- Discuss what information you would need to know prior to caring for this client if you could do this over.

More knowledge involving care for post-surgery would have been helpful especially for appendectomy. Along with that, knowing more about medications, interventions and what to look for if a complication may occur. Some of the knowledge could have been helpful when trying to answer the questions.

- What do you know now that you did not know prior to completing this case?

I know more about oxycodone and different adverse effects of the medication. I have also learned differentiating priorities in care. I have gained knowledge about the while situation. For example, being able to understand what to say to a client if they have questions or what to say to educate the patient correctly.

- How will this experience change the way you care for clients in the future?

This will make me want to be more prepared as much as I can before providing care. I want to be able to provide the best care possible. This makes me realize there is still a lot to know and learn so even educating myself along with asking as many questions as I can to provide me with the information I need.

- Describe what you learned and how you will learn from this experience.

I have gained different knowledge on how to educate the patient and what kind of response to give to the patient. I also have learned more about medications especially oxycodone. I can use this information in the future if I have a patient that is taking this medication. I have also learned proper education to give to a patient in this type of situation.