

Clinical assignment for September 16th

This will be available September 15th at 12 am through September 22 11:59 pm

Discussion Questions

Is the setting appropriate to care for this client? Why or why not?

Yes, the setting is appropriate care for this client. The setting is appropriate for the client as it allows the client to receive appropriate care and medical care if needed while hospitalized.

- What considerations (culture, literacy, religious, diet, economic, education, pronouns, gender identity, etc.) should you address when caring for this client?

When caring for this client you should understand the culture she is apart of which not only includes her ethnicity but what she's in the hospital for which is appendicitis. The nurse should take into consideration that the client has an NG tube which may make the patient feel emotional.

- What resources or supplies will you need when caring for this client?

NG tube supplies will be needed and the patient may need to speak to the hospital dietitian to ensure the patient is meeting their nutritional needs.

Clinical Judgement Questions

Questions must be answered completely (at least a paragraph and if you use outside sources please reference the sources) Upload to drop box

Recognize Cues (Assessment)

- Was the report effective for you to care for this client?

The report was effective enough to care for the client but additional information always helps so you can completely understand the clients diagnosis. I believe the report stated the main problem but it did not state the patient's illness in OLDCARTS form.

- What information is missing from the scenario and is needed to effectively care for the client?

OLDCARTS is missing from the scenario. OLDCARTS allows the healthcare team to know more information about the clients health, diagnosis and provides the healthcare team with appropriate interventions. OLDCARTS is a good way to also develop an appropriate treatment plan for the client.

- What information was relevant to the client's condition?

Information relevant to the client includes: vital signs, the clients condition which is appendicitis, the wound site, the status of the NG tube and the clients alertness after surgery.

- What subtle changes did you recognize in the client's condition? What condition were the subtle changes in the client's health status related to?

The client experienced diaphoresis and restlessness. These conditions were related to pain, and being post op. After surgery related to appendicitis this can cause the patient to experience pain at the incision site. Pain at the incision site can cause the patient to have increased anxiety which leads to being diaphoretic which further intensifies the pain.

Analyze Cues (Analysis)

- Compare the client findings to the evidence-based resources and standards of care.
- What are the specific needs of this client?

Specific needs for the client include proper pain management, hydration and activity. Adequate pain management ensure the patient is at an appropriate comfort level. Hydration status ensures the patient maintains proper hydration. Activity is important post op as this prevents complications such as blood clots.

- What are the potential complications this client may experience?

Potential complications that the client may experience would be infection at the incision site, bleeding and bowel issues. It is important for nurses to monitor the clients incision site and follow the providers orders on when to change the dressing. Bleeding should be monitored as excessive bleeding can lead to hemorrhage. The patient may experience decreased bowel after surgery from the anesthesia.

- What findings are of immediate concern for this client?

The patients pain level and restlessness are of immediate concern. It is important to always monitor a post-op pain level and tend to the issue correctly in order to prevent further complications. Restlessness can lead to an increased risk for falls and increased pain level which can make recovery difficult for the patient.

Prioritize Hypotheses (Analysis)

- Identify and rank the top three problems for this client. Provide a rationale for your decision on the rank order.

Pain is ranked as problem number 1 because increasing pain levels can affect the clients post-op process resulting into more pain and further complications if the pain is not corrected with medication or non pharmacological interventions. Lack of ambulation or mobility is the second problem for the patient as it can lead to blood clots. Mobility is the third important problem, after surgery as it can also help with bowel motility. Educational needs is critical for the client as well. The client should be instructed on how to care for her incisional site and understand the signs and symptoms of infection.

Generate Solutions (Planning)

- What interprofessional health care team member will need

to be included in establishing a plan of care?

The dietitian should be included in establishing a plan of care, as well as a physical therapist. The dietitian should be apart of the client care as it assists with helping the client understand why she is on a clear liquid diet and when she will be able to eat regular foods. A physical therapist is beneficial to the client as they are able to assist the client with exercises in order to prevent blood clots.

Take Actions (Implementation)

- Identify the nursing actions that should be taken based on the prioritized client problems.

The nurse should be asking the client's pain level every one to two hours, using non pharmacological methods, consulting with the client's healthcare team to determine the clients medical needs.

- Identify the potential impact the nursing action has on the client outcomes.

The potential impact on the client includes: a faster recovery time, a well managed pain level, decreased levels of anxiety and the patient being well educated about their condition,

Evaluate Outcomes (Evaluation)

- What responses by the client would indicate that the nursing actions were effective?

The client would state that she will notify the provider if she experiences s/s of infection, the client will state that she will go to her follow up appointments and the client will state she has decreased pain and is feeling better after her surgery.

- What are the safety concerns you identified caring for the client(s)?

Safety concerns include: lack of knowledge related to the client's condition, and fall risk measures should be considered.

Reflection Questions

Questions must be answered completely (at least a paragraph and if you use outside sources please reference the sources) Upload to drop box

Evaluate your ability to care for the client(s). What did you do well, and what could have been improved?

I believe I did well with understanding the clients condition and providing the appropriate measures to ensure the clients condition improved. I could have improved on getting more information regarding the clients comprehensive health history and background information.

- Discuss what information you would need to know prior to caring for this client if you could do this over.

I would need to know this client's previous history, previous surgeries and family history. It would also be important for me to understand what helps keep the client comfortable.

- What do you know now that you did not know prior to completing this case?

This case helped me understand the complications that come post-appendectomy. I understood that after surgery pain and restlessness are associated manifestations. There is nothing else that I took from the case personally that I did not already know.

- How will this experience change the way you care for clients in the future?

This experience will help me have a better understanding of client care in the future. Dealing with different patients with different illnesses allows me to understand more signs and symptoms of post-op surgeries and how to manage them.

- Describe what you learned and how you will learn from this experience.

I learned the complications of post-op appendectomy. I will learn from this experience by taking the things the client stated into consideration. I will also learn from this experience by using the nursing practices used in the simulation. I learned that therapeutic communication is essential when caring for patients who are dealing with health issues as they can become emotional.

Screenshot completed with score and upload in drop box

0 Do next assignment Swift River Med pass for clinical 77%

0 Do Swift River Clinical Dosage Calculation 77%