

Nursing Philosophy Paper

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Personal nursing philosophy

There are four aspects of nursing metaparadigms. Person, environment, health and nursing. From the person category, it shows you the culture, family, and society. The environment category shows all the different conditions, like social, political, etc. The health category shows the whole cycle of life and death.

Person

The person would be the patient. We as nurses try our best to give the best care we can to every individual patient, because everyone deserves to have the best treatment they can get. There are so many different parts that we have as a person, such as having different cultures, different beliefs, different physical appearance, etc. Sometimes it is hard when you have a lot of patients at once. However, the nurses do their best to accommodate to everyone's needs and wants to the best of their ability.

Environment

Everywhere around the world has many different types of hospitals. There are clinics, psychiatric hospitals, rehabs, etc. Everyone goes to the hospital that knows the best where they are injured. The surroundings also affect the person's well-being. If it is a place where it is welcoming, then they will feel more comfortable and be able to share more things when the care team asks questions that could be sensitive to them. If the place is not

welcoming and no one smiles at them, they might be afraid to say anything to anyone.

Health

Being healthy is very important. Every nurse does their best to get the patient or client to feel better and have no pain. Technically, the doctors are the ones who make them not have any pain through medicine. However, nurses do a lot more than that. They make the patients or clients smile everyday and have conversations about random things. The social aspect in nursing is very important, because it is hard to imagine how they are feeling being stuck in a room.

Nursing

Nursing school is tough. It really is, but it is very rewarding. You see your patients leave the hospital happy and healthy. It is such a good feeling when you see them leave. Having the knowledge of medicine and having the social skills are hard to balance. Some nurses don't really like to have physical touch, but they show that they care through their words. Every nurse has their own way of showing their expressions. Nursing is much more than just knowing the different diagnoses and medications.

What is means to be a professional nurse

There are a lot of aspects of being a professional nurse. It is very hard to meet every standard, but it is necessary to meet some of them in your

own way. The best way you can present yourself. Professionalism in nursing is giving the best care you can give and on top of that, having the values of responsibility, respect, and honesty. There are many more words that can fit into professionalism. If there were more professional nurses, the better care the patients get, making everyone happy. There are several ways to show professionalism. It is being advocate for the patients, communication, teamwork, having a good attitude, best care, and balancing all the values. It might seem like a like, but once you get into the routine of it, it should be a piece of cake. Our main goal is to give the patients the best care they can receive. No matter what, we must listen to them and hear them out. Then we also make sure that we heard it right, so you would use effective communication to let them know you understand what they want.

Personal value

Nursing is a job that is respected but also could be more respected. I think that it has to do with the fact that we are so understaffed, and it is getting the nurses burnt out. The more patients you have, the more work you must do. It honestly makes me sad to look at the nurses at time, but it also gives me the motivation to be a nurse. I want to be respected by others for the work I do. There are a lot of aspects of nursing that nurses have to know. Sometimes we might have to change our personalities a little bit for everything to fit together. Everything expresses their care in a different way; however, it is important to show that care. Sometimes I see nurses that don't

care much about the patients, and it devastates me. This is when I was talking about how nurses are so understaffed that they get burnt out.

Where will I be in 2030?

I thought 2030 was going to be in like 10 years, but then I realized we are already at 2024 almost to 2025. It is crazy to me how time flies by. That makes it 5 years technically until it is 2030. I have a plan in my head that I am really hoping it'll work the way I want it to. First, I'm hoping to graduate BSN by 2026. Then I want to work in Champaign while I do my master's. I may have to have one or two years of experience, depending on how picky they are with going straight to master's degree. However, it is not impossible, so I am striving for acceleration. After I graduate my master's, I think I would like to relocate somewhere else. I want to maybe explore other states or even countries. I thought about being a traveling nurse as well, but I'll think about that after I graduate first.

References

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