

VANESSA JACKSON

SELF REFLECTION JOURNAL FOR CLINICAL EXPERIENCE (3)

Allergy Clinic/ self-reflection assignment

1. How does the clinical site relate to Population/Global Health?

This clinical site relates to population health because allergies are a global health concern. The clinic site contributes to research by collecting data which helps advance global strategies for managing allergies.

2. How were you an engaged nursing professional today?

I engaged as a nursing professional today in several ways. While administering injections to patients, I had to ensure that each patient was comfortable with me performing it. I also had to make sure I was injecting into the subcutaneous area and using aseptic techniques. I wanted to provide a positive patient experience by adhering to a professional manner as well as empathetic.

3. How did you contribute to the service of the community today?

I contributed to the service of the community today by injecting allergy shots that patient's need to manage their allergies. If patients are managing their allergies, they're enhancing the quality of their health which benefits the community.

4. Name 3 ways this clinical site impacts the community health?

1. The allergy clinic provides the community with the care and resources they need for food allergies, allergic rhinitis, asthma, etc.
2. This clinical site offers education and resources about allergy management. This helps increase awareness and an understanding about allergies within the community. This can also help the community to recognize when to seek medical help or how to help someone who is having a reaction ex. administer an epi shot.
3. This site collects data to help provide a better understanding of allergy prevalence and treatment effectiveness.

5. Name 1 way this site could better serve the community and why?

This clinic could better serve the community by offering outreach programs in a low-resource area. People within that community might not be aware of the services, have proper transportation, or have the insurance to cover. They deserve to have optimal health management as well.

6. What health risks are experienced by the population served by today's clinical site?

The health risks I observed were children with multiple environment allergies (pollen, grass, dust, insect stings, etc.) and older adults with latex or seasonal allergies. Half the patient's I saw were there for "maintenance" shots, and the other were there for "building" shots. The building shots, you receive more frequently, and the dose gradually increases. These shots help the patient build up their tolerance, and this phase lasts from 6-10 months. The maintenance shots lasts 3-5 years, you go less often, and have met your "effective therapeutic dose" range.

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Grading Rubric Self Reflection Clinical Journal Post assignments- 10 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete Total Weight- 0.5 points	<ul style="list-style-type: none">- Content is incomplete.- Major points are not clear and /or persuasive Weight-0 point	<ul style="list-style-type: none">- Content is not comprehensive and /or persuasive.- Major points are addressed, but not well supported.- Research is inadequate or does not address course concepts. Weight- 0.5 point	<ul style="list-style-type: none">- Content is comprehensive, accurate, and persuasive.- Major points are stated clearly and are well supported.- Content and purpose of the writing are clear. Weight- 1 point

<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 1.0 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments <p>Weight- 2 points</p>
<p>Thoughtful Reflection- How will this affect your practice or will it?</p> <p><i>Total Points- 1.0 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-2 points</p>
<p>APA Format Correct spelling/Grammar. If references are used, they are in APA Format</p> <p><i>Total Weight- 1.0 points</i></p>	<ul style="list-style-type: none"> -Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone -Lack of APA citation use and Reference page if references used. <p>Weight- 0 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. -Inappropriate APA citation use and Reference page if references used. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> -Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used <p>Weight- 1 point</p>
<p>Analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p> <p><i>Total Weight- 2.0 points</i></p>	<ul style="list-style-type: none"> -Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> -Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> -Accurate and thorough analysis of how behavioral, environmental and genetic factors impact the population served at this site. <p>Weight- 2.0 points</p>
<p>Journal submitted to discussion board</p>	<ul style="list-style-type: none"> -Paper submitted to 		<ul style="list-style-type: none"> -Paper submitted to discussion board on time.

<p>within 96 hours (4 days) of the clinical experience.</p> <p>Total Weight- 2 points</p>	<p>discussion board late.</p> <p>Weight- 0 point</p>		<p>Weight- 2 points</p>
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Total Points _____

*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.

POSTED BY::

Pamela Armstrong

CREATED DATE::

08/15/2024 05:08 PM

MODIFIED DATE::

08/15/2024 05:08 PM

START DATE::

No Date Assigned