

Nursing Personal Philosophy

Jacque Alldredge

09/17/2024

Travis Whisman

Intro to Nursing 314

Nursing Personal Philosophy

Most people think of nursing as a profession, but it is much more than just a profession. Nursing is a profession that also includes a lot of knowledge, empathy, and passion for the people you are treating. In becoming a nurse, you need to be caring in some way. During this Philosophy paper you will learn about what it takes to become a compassionate nurse to your patients.

Introduction of the Nursing Metaparadigm

The Nursing Metaparadigm is made up of four components. Those four components include Person, Environment, Health, and Nursing. Within those four components it shows us the best way to provide patient care. Each person will receive care differently depending on who they are as a person, the environment they are surrounded by, their personal health, and by the nurse who is giving the care. (Nursing metaparadigm concepts and theory 2020) Overall, the Nursing Metaparadigm is a great breakdown of what goes into being a nurse.

The four components of Nursing

The first component of the metaparadigm is person. The person refers to the patient you are taking care of. As the nurse you must take into consideration the patient's social needs, spiritual needs, emotional needs, and personal needs. Every patient will be different when it comes to these needs. The second component of the metaparadigm is the environment. This includes the social environment around while the care is being given, the place care is being given, and the patient's culture factors. If a patient needs the room empty with no one around while care is being given, the nurse will do what they can to make that happen. We as nurses must do the best we can for our patients. The third component of the metaparadigm is health.

Health is more than just whether you are ill or not. Health means your mental health, physical health, social health, and preventing illness. The fourth component of the metaparadigm is nursing. Nursing is how a nurse reacts to certain situations, a nurse's roles and responsibilities. (Team, 2023) A nurse has many roles and responsibilities. The patients' lives are in the nurses' hands. What the nurse does determines the outcomes of the patient.

My personal beliefs on what it means to be a Professional Nurse

Being a professional nurse to me is being compassionate in patients' well-being. I strive to be a very professional and caring nurse. Being a professional nurse is more than just making good money to me. Making good money as a nurse is just a plus. I love taking care of people and making people feel better. My belief as a professional nurse is to get all my clients to their goal by their goal date or before. Each client I encounter during my nursing career will be different. Professional nursing to me also means taking charge while in public if someone faints or needs help. I want to be confident enough in my nursing career to take charge when something goes wrong.

Discussion on my personal nursing values and beliefs

I believe that I have what it takes to become a professional nurse. I have always taken charge in doing things while growing up, I am a very caring and compassionate person. Each thing I do in life I try doing it to the best of my ability. One thing I strive for that will help me in succeeding as a professional nurse is the outcome of others. I always want someone to go out better than they came in. Even though I have never worked in a hospital, I have helped many people in my life. I taught volleyball lessons and each child I taught left better than when they

came in. It may take time and dedication to make the patient better, but the outcome is worth the wait for me. Even if the outcomes are not always the best, I will know I tried my very best.

Where do you want to be in your career in the year 2030

In six years and four months I see myself working in an Emergency Department. I plan to pursue my career at Carle in the Emergency Room. I chose to be in the ED so I can gain a lot of experience and get certified in many different things. I like a fast paced environment and working on the fly. Each day I come in things will be different and that is when I work best. I plan to get nursing awards while working in the ED because I strive to do my job to the best of my ability.

Finally nursing means much more than a paycheck to me. I am a very caring person and very compassionate in what I do. Each day I go into work will be a new day and I look at it as a new learning experience. I will strive to care for my patients and make their goals become a reality.

References

Nursing metaparadigm concepts and theory. Top Registered Nurse. (2020, September 16).

<https://www.topregisterednurse.com/metapardigm-of-nursing/>

Team, S. E. (2023, December 7). *Nursing metaparadigms simplenursing guide for nursing*

students. Simple Nursing. <https://simplenursing.com/nursing-metaparadigm/>