SELF REFLECTION JOURNAL FOR CLINICAL EXPERIENCE (1-5)

PRESLEY KING

Physical Med Rehab

See grading rubric below

1. How does the clinical site relate to Population/Global Health?
   This clinical site relates to population/Global health to help those that are in chronic pain and may be looking be alternatives other than oral pain medication. Those that are in chronic pain can seek help from a doctor office that has a nurse thar will directly work and listen to them.
2. How were you an engaged nursing professional today?
   I was engaged in nursing professional nursing by listening to my patient and listening to the nurse give her advice about adverse effects of the medication. I thought being truthful about the medication was professional due to the patient's right to know what the adverse effects of the medication may be.
3. How did you contribute to the service of the community today?
   I contributed by listening of the initial assessment by the nursing and then I helped open the package the shot was in. The nurse administered the shot. I cleaned and sanitized the room after the patient left.
4. Name 3 ways this clinical site impacts the community health?
   First, this site impacts the community by helping the group especially the elder population by controlling their chronic pain. Second, it helped impacts the patients by helping them with referrals with referrals to other doctors if they more help than what this office can provide. Last, they call the patient for a follow up to check in on them and how they are doing with their treatment plan. This impacts the community to make sure the citizens are being well taken of.
5. Name 1 way this site could better serve the community and why?
   I think this location needs to be known about. Most patient do not know they can Botox for their chronic pain other than oral pain medication.
6. What health risks are experienced by the population served by today's clinical site?
   The health risk that this population faces is lack of exercise. Many of these patients have migraines and joint pain so they are not wanting to do physical activity. This can led to sedentary lifestyle and lead to more health issues.

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Grading Rubric Self Reflection Clinical Journal Post assignments- 10 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete ***Total Weight- 0.5 points***	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-0 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts. **Weight- 0.5 point**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 1 point**
Critique of	- Organization and	- Structure of the paragraphs	- Structure of the paragraphs are

experience- Evaluation and Rationale for your comments ***Total Weight- 1.0 points***	structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments **Weight- 0.5 point**	are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments **Weight- 1 point**	clear and easy to follow. -Good evaluation and rationale fo comments **Weight- 2 points**
Thoughtful Reflection- How will this affect your practice or will it? ***Total Points- 1.0 points***	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not. **Weight- 0.5 point**	- Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-1 point**	- Paper follows designated guidelines. - Paper is the appropriate length a described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why. **Weight-2 points**
APA Format Correct spelling/Grammar. **If references are used, they are in APA Format** ***Total Weight- 1.0 points***	-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language **uses jargon or conversational tone** -Lack of APA citation use and Reference page if references used. **Weight- 0 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes **the use of some jargon or conversational tone**. -Inappropriate APA citation use and Reference page if references used. **Weight- 0.5 point**	-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spellin is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used **Weight- 1 point**
Analysis of how behavioral, environmental, and genetic factors impact the population served at this site. ***Total Weight- 2.0 points***	-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site. **Weight- 0.5 point**	-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough. **Weight- 1 point**	-Accurate and thorough analysis of how behavioral, environmenta and genetic factors impact the population served at this site. **Weight- 2.0 points**
Journal submitted to discussion board within 96 hours (4	. -Paper submitted to discussion board late.		-Paper submitted to discussion board on time.

days) of the clinical experience. ***Total Weight- 2 points***	**Weight- 0 point**		**Weight- 2 points**

Total Points _____

*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.

POSTED BY::

Pamela Armstrong

CREATED DATE::

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MODIFIED DATE::

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START DATE::

No Date Assigned