N433 – Active Learning for Ambulatory Nurse Shadowing Experience – Jessica Hines

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?
   a. **This clinical site is relevant to the course because this clinic sees many children, from infants to teenagers. This site allows nursing students to follow nurses and certified medical assistants throughout their typical day, giving the student a view of healthcare for pediatrics from a clinical perspective. The clinic is very different from a hospital perspective, and I think both are very important and good sites to shadow nurses. The nurse's role at a pediatric clinic is much different than a nurse's role at a hospital. The nurses at the clinic deal with the charting and paperwork side of nursing, while pediatric nurses in the hospital deal with a bit of paperwork, charting, interacting with patients, and giving care at the bedside.**

2. How were you an engaged nursing professional today?
   a. **Today, I kept engaged at the pediatric clinic by listening when the nurses and certified medical assistants explained stuff and asked questions. I followed the certified medical assistant throughout the day during this clinic rotation. I listened as she explained to me how their typical day goes. With every patient she had, I walked with her to the rooms, introduced myself to the patients, observed her complete her assessment, and took vitals if needed. The medical assistant showed me around their floor and explained where everything was that they use on a daily basis. I also met the providers there and the director at the clinic.**

3. How did you contribute to the service provided by the clinic nurse today?
   a. **Today I contributed to the service provided by the clinic nurse by following the certified medical assistant and asking educational questions. The nurses showed us what they usually do on the computer, and they also talked to us about their daily routine and explained how they contribute to the clinic. The nurses thought it was best for us to follow the medical assistant on the floor to watch the interactions with the patients, watch the assistant give immunizations, and watch them take vitals and measurements. Many of the young patients were not excited or happy to be there, so I attempted to talk to them to calm them down or distract them while the medical assistant took their vitals and measurements.**

4. Name **3** ways this clinical site impacts Pediatric health.
   a. **This clinical site impacts pediatric health in many ways. A few ways I observed on this day were using preventative care for children, using healthy behaviors, and engaging with the family. The staff at this site used preventative care by prioritizing immunizations. The staff gave many immunizations on this day and prioritized future immunizations for the children seen. The staff uses healthy behaviors by communicating effectively, providing**

additional information for the family regarding the child's health and wellness, and educating them about the importance of preventing injuries and infections. This clinical site is significant for pediatric health and as a resource for their families.

5. What are the health risks of the population served during today's clinical based on your observations today?
   a. **Based on my observations from today's clinical site, I would say the most common health risks within this population would be due to low income and minimal resources available. Low income can significantly affect pediatric health because if a family or guardian of a child is struggling with low income, they may not seek healthcare due to the costs, they may not be able to afford transportation to appointments, they may not be able to afford medications needed or can afford to take time off from their job to seek care. Minimal resources affect pediatric care as well because families cannot seek care or help if the resources just are not available to them or in the area for them.**

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
   a. **The pediatric population served is at risk for experiencing impaired parenting as evidenced by inadequate transportation, inadequate social support, and perceived economic strain (Phelps, 2023).**
   b. **After communication and planning during prior appointments, the caregiver will make plans with the nurse during the current appointment to make sure they bring their child to the clinic for future appointments for routine physical and psychological examinations (Phelps, 2023).**
   c. **To achieve this goal, the nurse should emphasize the importance of regular clinic visits with a healthcare professional even though the child may appear healthy (Phelps, 2023).**
   d. **To achieve this goal, the healthcare staff should praise the caregiver for displaying appropriate parenting skills to provide positive reinforcement (Phelps, 2023).**
   e. **To achieve this goal, if necessary, the nurse should refer the caregiver and family to a provider, nurse practitioner, or social services for a follow-up to ensure the continuity of care (Phelps, 2023).**
7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?
   a. **My experience at the ambulatory clinic shadowing the nurse and the certified medical assistant will impact my nursing practice because it opened my eyes to the importance of therapeutic communication, patient-centered care, and family-centered care. Many of the patients and families need someone to hear them and understand them or their struggles, and using therapeutic communication can help achieve this. Patient and family-centered care is essential because every family and situation is different, so not everything I know or do will be successful with each patient and family. Therefore, adjusting my care for each specific patient may be necessary.**

References

Phelps, L.L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete *Total Weight- 5 points*	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments *Total Weight- 10 points*	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice, or will it? *Total Weight- 10 points*	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. ==Must use 1 scholarly reference (published within the last 5 years)== *Total Weight- 10 points*	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone. - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. *Total Weight- 10 points*	ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. *Total Weight- 5 points*	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____