

Individual Performance Profile

RN Nutrition Assessment 2.0



Individual Name: **NICHOLAS ALFORD**
 Student Number: **8275634**
 Institution: **Lakeview CON**
 Program Type: **BSN**
 Test Date: **9/14/2024**

Individual Score: **95.0%**
 Practice Time: **5 min**

Individual Performance on the Learning Objectives

Sub-Scale	# Items	# Points	Individual Score	Individual Score (% Correct)										
				1	10	20	30	40	50	60	70	80	90	100
Describe the significance of the balance between caloric intake and energy expenditure in relation to weight gain and loss.	5	5	80.0%											▲
Explore findings associated with a client's nutritional status.	5	5	100.0%											▲
Discuss therapeutic diets and supplements used to meet nutritional requirements.	5	5	100.0%											▲
Review nursing interventions to assist clients in meeting their nutritional needs.	5	5	100.0%											▲

Topics To Review - Incorrect

Explore findings associated with a client's nutritional status.

No remediation material

Describe the significance of the balance between caloric intake and energy expenditure in relation to weight gain and loss. (1 item)

Expected Findings for a Client Who Is Experiencing Digestive Issues

Discuss therapeutic diets and supplements used to meet nutritional requirements.

No remediation material

Review nursing interventions to assist clients in meeting their nutritional needs.

No remediation material

Topics To Review - Correct

Explore findings associated with a client's nutritional status. (5 items)

Correcting a Client's Misconception About Multivitamins

Dietary Choices That Can Cause Cavities

Information About Relieving Daily Constipation

Interpreting a Client's BMI

Nutrition Affecting a Client's Hair

Describe the significance of the balance between caloric intake and energy expenditure in relation to weight gain and loss. (4 items)

Calculating Net Carbohydrates

Explaining a Low Glycemic Index Diet

Importance of Macronutrients in a Person's Diet

Making Recommendations About a Client's Diet

Discuss therapeutic diets and supplements used to meet nutritional requirements. (5 items)

Discussing High-Potassium Food with a Client Who Has Renal Disease

Identifying Foods High in Phosphorus

Information About a Heart-Healthy Diet

Responding to a Client's Concern About a Liquid Diet

Understanding an NPO Prescription

Review nursing interventions to assist clients in meeting their nutritional needs. (5 items)

Actions to Prevent Client Aspiration During Tube Feeding

Assisting with Feeding a Client Who Is at Risk for Aspiration

Measuring a Nasogastric Tube for Insertion

Priority Action Following a Blood Glucose Check

Responding to a Client's Concerns About Parenteral Nutrition