

## Reflective Activity

### Instructions:

What are the major take-home lessons for you today?

Don't ask for immediate answers or patient decisions if they are worried and still have questions. Take the time to address and recognize self-worth/spiritual needs of the patient. Don't assume what they will want or that something will be okay, always ask.

How can I adapt my nursing practices to be more responsive to the unique needs of diverse client populations?

Take the time to ask the patient about any specific needs they may require throughout their treatment. Ask for clarification if they're needing something you don't understand.

How can I adapt my nursing practices to be more responsive to clients with limited English proficiency?

Always use an interpreter with any language barriers to help translate. Understand religious/cultural differences with care. It is okay to have other hospital resources to reach out to to better communicate a procedure or process to the patient.