

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

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Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to this course because of the pediatric clinic. I was able to experience patients with ages ranging from a few weeks old to 16 years old. These patients came in for all different reasons. The main reason the high school aged kids were coming into the clinic was because they needed a school/sports physical completed. Other ages came in for ear infections, asthma, psych follow up, ER follow up, etc. At this clinic, they made appointments every 15 minutes. Because of this, it was a very busy day and went extremely fast. It also helped that the nursing staff were amazing and so informative. Even though they were super busy, they still took the time to explain why they do certain interventions and the differences between the different aged children that came in.

2. How were you an engaged nursing professional today?

I was an engaged nursing professional today because I was able to follow and observe everything that happened within the clinic setting, but also helped when I felt comfortable too. I was able to understand that it was a super busy day at the clinic, so I did not want to overwhelm the nurse that I was following. But I was able to notice when downtime was happening and that is when I took the initiative to ask questions. I also was able to grab equipment when it was needed, and just tried to help as much as I could without being in the way. I also arrived at the clinical on time and with the right apparel. I feel like this is a good representation for a nursing professional.

3. How did you contribute to the service provided by the clinic nurse today?

I was able to contribute to the service provided by the clinic because I was able to grab items when needed, I knew how to talk to patients, and I was able to go out into the lobby and call for the patient that was ready to be seen. I was also able to take vital signs on all ages within the pediatric clinic. I am a mother of two kids. Because of this, I felt like I was able to relate to the pediatric patients a little better. I had the ability to sense when a child was scared and instead of the nurse doing everything herself, I was able to comfort the child when the nurse was doing the intervention that needed to be done.

4. Name 3 ways this clinical site impacts Pediatric health?

One way that this clinical site impacted pediatric health was that they were able to get patients in at a quicker rate rather than going to their primary physician. Many kids came in to get physicals because they needed them for school or sports. This could also go for kids that have rashes, sickness, and need immunizations. This type of setting allows the child to be seen sooner than later. Another way that this clinical site impacted pediatric health was the staff. Throughout my student nursing experience, I have followed many nurses. These nurses were amazing with these kids and made them feel comfortable when they seemed scared. It was amazing to see that with time and experience, it does become easier to deal with a child within this setting. One last way that this clinical site impacted pediatric health is because this unit is solely pediatric driven. There are not any adults that come in, the unit is set up for kids and have stickers and suckers to help the kids know it is a good/trusting environment. This helps kids feel comfortable when coming to the doctor and not as scared.

5. What are the health risks of the population served during today's clinical based on your observations today?

Some health risks at this clinical setting are clinic infections, adverse effects to immunizations, safety, and correct dosage for medications. Clinic infections are a health risk because there are so many kids coming in and out of this clinic. They come for all different reasons. It could be because the child is sick and needs tests to see why, ear infections, physical, psych evaluation. There are many ways to get an added infection while being in the clinic surrounded by other sick children. Adverse effects to immunizations could happen after the patient has already left the facility. Because these appointments are so short, these children could go home and have an adverse effect which could bring them back into the hospital. Correct dosage medications could also be a health risk because of the weight variation from patient to patient. It is very important to make sure that the right amount of medication is being administered to the patient depending on the patient's weight.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The one health risk that I chose is adverse effects to immunizations. These appointments are very fast. It is important to educate the caregivers on adverse effects that immunizations can cause. The risk factor would be exposed to allergen. The nursing diagnosis would be risk for allergy response related to infant not exposed to immunization before (Phelps, 2023). The measurable goal would be to wait in the office for at least 15 minutes before leaving while also educating caregivers of adverse effects before the immunization is given and after. One intervention would be to determine if the mother, father or siblings have any allergies that need to be noted. A second nursing intervention would be to educate caregiver on adverse effects that could come hours or even days after receiving immunization. And the third nursing intervention would be to refer the patient to their primary doctor to discuss possible alternatives, so this reaction does not happen again in the future (Phelps, 2023).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

My experience at the Ambulatory Clinic impacted my nursing practice by understanding the workload that goes on at a clinic. I am a tech at a hospital. I always hear nurses say that clinics are so much easier to work at and they all wish that they could. I would advocate for the nurses that work in clinics and tell hospital staff that clinic work is defiantly not easy. The work that goes on in the clinic is a different type of "busy" that goes on in the hospital. In the clinic setting you get to see a patient for just a few minutes, and they typically leave. But nursing staff are constantly rooming patients every 15 minutes and trying to figure out what was wrong with the different aged peditrics. I will say that the clinic setting is just as busy as the hospital, just a different busy.

Reference:

Phelps, Linda L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____