

## N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?
  - a. This clinical site relates to this course perfectly. I shadowed a nurse at the Carl Sandburg Elementary School in Charleston, Illinois. It had first, second, and third-grade children. The school had over 500 children throughout the grades. I am currently in a pediatrics class, which places these children in that category. It allowed me to observe the care the school nurse provided for these children who had injuries, complained, or needed their home medications. Throughout this course, I will learn how to care for and communicate with children of this age. This clinical experience allowed me to learn more about pediatric patients.
2. How were you an engaged nursing professional today?
  - a. I engaged with the children who came to the school nurse's office. I was able to communicate with the children. I have never communicated with children I do not know, so this was new for me. At first, I let the nurse do all the talking. However, I could do most of the talking after the first couple of patients. When the child came in, I would ask them why they had visited the nurse's office. Once they told me the reason, I would ask questions to evaluate the situation further. I would use OLDCART to find out more about the patients' issues. I was also able to listen to a patient's lung sounds. The patient was having difficulty breathing, so the nurse asked if I could listen to her lung sounds for abnormalities. The lung sounds were clear, with no abnormalities.
3. How did you contribute to the service provided by the school nurse today?
  - a. I contributed to the service provided by the school nurse in many ways. One way was communication with the client. I could talk to them about the issue they were seeking help on. I also contributed by giving a type 1 diabetic patient their insulin. This was administered twice throughout the time I was shadowing. I asked the nurse if I could give him the insulin shot the second time, and she allowed me to do so. I gave the shot subcutaneously in the abdomen. I also contributed by providing some kids with ice packs for injuries they received at recess.
4. Name **3** ways this clinical site impacts Pediatric health.
  - a. This job allows parents to give their child's medication to the school nurse to administer to the child during the day. This can help impact Pediatric health because it will enable the child to receive their medication safely without being taken out of school.
  - b. The school nurse can help educate the children frequently about preventing infection. This can consist of handwashing techniques and coughing and sneezing into their elbow.
  - c. The school nurse also impacts Pediatric health by immediately treating patients with significant injuries or complications. For example, if a child has an asthma attack, the school nurse can help treat them with medication quicker than bringing them to the hospital.
5. What are the health risks of the population served during today's clinical based on your observations today?

- a. One health risk is giving a particular medication to the wrong child. The school nurse has home medications for multiple children. She provides these medications to the children at certain times that are related to the specific patient. It would be easy to get distracted and administer the wrong medication to a child.
  - b. Another health risk is the number of children the nurse assesses throughout the day. At times, there were multiple children in the room at the same time. If there is a severe situation for one of the children, the nurse may not be able to assess them as soon as they should.
  - c. Another health risk is the spread of germs. The school nurse did not sanitize or clean the chairs that the children would sit on. The children also never washed their hands. This can lead to an easy spread of germs throughout the children.
6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
- a. Risk for infection related to the easy spread of germs throughout the children as evidenced by no sanitizing equipment or handwashing.
  - b. A measurable goal for this nursing diagnosis is to have less than two kids receive a cold or sickness throughout the week they visit the school nurse.
  - c. Nursing interventions:
    - i. Have the child visit the nurse's office and wash their hands when entering and exiting the room (Rudd & Kocisko, 2023).
    - ii. Clean the chair the child sat in with sanitizing wipes after the child exits the room.
    - iii. Inform the child to keep their hands to themselves to avoid the spread of germs to other objects.
    - iv. Educate the child to sneeze or cough into their elbows to prevent the spread of germs.
7. How will your experience during the School Nurse job shadowing impact your Nursing practice?
- a. The experience I had shadowing the school nurse job will positively impact my nursing practice. This opportunity allowed me to get hands-on experience with children at a young age. It encouraged me to communicate with children in a way that they would understand. This clinical experience made me realize that communication is vital in solving pediatric patient issues. It also helped me with the type of education nurses can teach children. It is essential to educate children on preventing the transmission of germs. Shadowing the school nurse made me aware of how easily children can spread germs without proper hand hygiene and other sanitary techniques.

Reference:

Rudd, K. & Kocisko, D.M. (2023). *Davis advantage for pediatric nursing: Critical components of nursing care* (3<sup>rd</sup> ed.). F.A. Davis

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

<b>CRITERION</b>	<b>POOR</b>	<b>FAIR</b>	<b>GOOD</b>
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**