This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? **(5 points)**

Risk for developmental delay related to premature birth as evidenced by being hospitalized in the NICU for 107 days, this nursing diagnosis was chosen for my patient because the twins were both born at 28 weeks and have been in the NICU for 107 days. With that being said it makes it difficult for the newborn to explore and visualize their surroundings which is essential for adaptation. Both newborns are in their cribs and aren't taken out of them enough throughout the day, being swaddled all day restricts the newborn from stretching and moving around freely. I also noticed the newborn did not pay attention to stimulation, which is important in developing the baby's sensory system.

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. **(15 points)**

Early screening is an intervention that allows the healthcare team to determine certain deficits the newborn is suffering from. Early screening should be completed because it allows the healthcare team to provide all essential preventative measures to ensure that the patient does not acquire a disease.

Adequate nutrition is an intervention that should be followed as it promotes growth and development. The healthcare team should ensure that the newborn is

receiving the proper amounts of nutrition as it is essential for the immune system, brain and overall physical development to prosper.

ST, OT, & PT, speech and language therapy helps develop someone's speech and the way in which they communicate. Occupational therapy is essential as it helps assist with ADLs. Physical therapy will assist the newborn with gross motor skills and physical strength.

3. What was the evaluation of each of the previously identified nursing interventions? **(10 points)**

Early screening: early screening was used to help rule out any possible diseases, it has helped prevent potential complications.

Adequate nutrition: receiving adequate amounts of nutrition has allowed the newborn to sleep a sufficient amount of time, which promotes growth.

ST,OT,PT: Therapy has allowed the patient's parents to have a good understanding on how to care for their newborn when returning home. This has also allowed parents to recognize when their newborn has achieved a developmental milestone.

4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. **(10 points)**

The patient's culture would be NICU. This culture was chosen for the patient because the NICU community consists of critically ill newborns. In the NICU certain practices, and rules are followed that aren't followed in different units which makes this culture unique. Certain rules include: additional safety and security features on the unit, specialized care, and advanced technology and

equipment. Two patient preferences relating to their culture would be emotional support and collaborative care.

5. Reflection of clinical experience. **(5 points)**
   a. What was one thing that put you outside your comfort zone?
      One thing I would say put me outside my comfort zone was holding the newborn. I've held a newborn before; but it was my nephew and niece, so it felt different to care for another child that's not blood related.

   b. In what way did you see coordination between the health care team to provide appropriate care to the patient?
      I observed the nurse practitioner and nurse developing a plan to wean the newborn off of oxygen. Both the nurse and nurse practitioner presented their ideas with one another and came up with a plan and goal to ensure the newborn's readiness to breathe on its own.

References:

Durham, R. F., Chapman, L., & Miller, C. (2023). *Maternal-Newborn Nursing: The Critical Components of Nursing Care* (4th ed.). F.A. Davis.

Mills, M. (2023, April 7). *Newborns: Nursing Diagnosis, Care Plans, And More*. Allnurses. https://allnurses.com/newborns-nursing-diagnosis-care-plans-t750758/