

VANESSA JACKSON

SELF REFLECTION JOURNAL FOR CLINICAL EXPERIENCE (1-5)

County Health Department journal/self-reflection assignment

See grading rubric below

1. How does the clinical site relate to Population/Global Health?

The Vermilion Health Department relates to population/global health by fostering a healthier livelihood and environment for their residents. They are able to achieve this with programs that focus on disease and health prevention, public health education, and by collaborating with other national health organizations.

2. How were you an engaged nursing professional today?

I engaged as a nursing professional by providing therapeutic communication to the women and children that visited the WIC office. Therapeutic communication is expressed in several forms: silence, reassurance, body language, empathy, active listening and so forth. I was given the choice of sitting in an interview for WIC and accepted. Although I was not the one conducting the interview, I still was aware of my body language. I made sure to sit at eye level, keep my arms uncrossed, and give my full attention to them. When I was interacting with the women, I was empathetic and actively listened to their concerns. I made sure to engage as a nursing professional by being supportive and respectful to enhance the women's comfort and trust.

3. How did you contribute to the service of the community today?

I contributed to the service of the community by observing and learning about public health practices and engaging with the staff and clients.

4. Name 3 ways this clinical site impacts the community health?

- The Vermilion Health Department provides immunizations to the community throughout the year. Their website is easy to navigate, and provides information on each vaccination they provide. They encourage to call if you have any concerns and questions or simply just want to schedule an appointment. This service impacts community health by reducing the incidence of illnesses and outbreaks as well as providing educational resources.
- The VHD provides several environmental health services such as food sanitation, solid waste management, recycling, potable water, and private sewage disposal. Each of these services help prevent health hazards and promotes a safer living environment for the community.
- Lastly, the VHD also provides the WIC program, which supplies low-income pregnant women, new mothers, and children (under age 5), nutritional support. The program is to help women obtain healthy nutrients for a healthy pregnancy and child development. They also provide education on breastfeeding and have lactation consultants to help if needed. This service impacts community health by addressing nutritional needs for mother and child.

5. Name 1 way this site could better serve the community and why?

This site could better serve the community by expanding outreach and access. They are short staffed at the moment, so certain staff members are responsible for covering several other areas. The staffed nurse cannot provide as many immunization drives as she would like because she has to cover other services, so that takes away from disease prevention and education. The department has the resources but can improve on enhancing community engagement when they are better staffed.

6. What health risks are experienced by the population served by today's clinical site?

The health risks experienced by the population served were nutritional deficiencies and postnatal health risks. One of the women served, was a new teenage mother who was living in a homeless shelter. She was granted WIC benefits, but was struggling to feed herself properly days before. In result, her breast milk production was low and she had to substitute with formula for her newborn. She admitted to not taking care of herself as much as she should, because she's transitioning into motherhood and it has been a challenge. She was instructed by her doctor to stay hydrated and rest as much as possible, but has not been able to.

Grading Rubric Self Reflection Clinical Journal Post assignments- 10 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 0.5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-0 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 1 point</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 1.0 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments <p>Weight- 2 points</p>
<p>Thoughtful Reflection- How will this affect your practice or will it?</p> <p><i>Total Points- 1.0 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-2 points</p>
<p>APA Format Correct spelling/Grammar. If references are used, they are in APA Format</p> <p><i>Total Weight- 1.0</i></p>	<ul style="list-style-type: none"> -Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone -Lack of APA citation use and Reference page if references used. 	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. -Inappropriate APA citation use and Reference page if 	<ul style="list-style-type: none"> -Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used <p>Weight- 1 point</p>

points	Weight- 0 point	references used. Weight- 0.5 point	
Analysis of how behavioral, environmental, and genetic factors impact the population served at this site.	-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site.	-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough.	-Accurate and thorough analysis of how behavioral, environmental and genetic factors impact the population served at this site.
Total Weight- 2.0 points	Weight- 0.5 point	Weight- 1 point	Weight- 2.0 points
Journal submitted to discussion board within 96 hours (4 days) of the clinical experience.	. -Paper submitted to discussion board late.		-Paper submitted to discussion board on time.
Total Weight- 2 points	Weight- 0 point		Weight- 2 points

Total Points _____

*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.

POSTED BY::

Pamela Armstrong

CREATED DATE::

08/15/2024 05:08 PM

MODIFIED DATE::

08/15/2024 05:08 PM

START DATE::

No Date Assigned