

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site gave us an idea of what ambulatory or outpatient visits consist of. In our course, we discuss the developmental stages, immunization schedules, and routine appointments. During this rotation, I observed appointments with children of all ages. One client was roughly one week old. During this exam, the newborn's weight, head circumference, length, and bilirubin levels were checked. We discussed in class the importance of checking the newborns bilirubin levels in their first few weeks of life. Another client came in for a physical they needed for work. A few other were children who were due for vaccinations. Mothers of the babies were given forms to assess for postpartum depression as well as ASQ questionnaires to determine the child's developmental status.

2. How were you an engaged nursing professional today?

I was an engaged nursing professional today by going over patient information before seeing the patient. This was substantial in a few cases. In one particular case, we learned that a client and their family was not English speaking. Before they came to their room, the CMA set up the use of an interpreter to improve communication and compliance. In another situation, the CMA went over the reasoning for the visit before seeing the client. This was helpful when the client came in and asked about vaccinations they were getting today and the CMA was prepared with handouts including additional information.

3. How did you contribute to the service provided by the clinic nurse today?

I contributed to the service provided in the clinic today by assisting the CMA administer vaccinations. Most children hate shots, naturally, and needed some support. In one situation I helped with holding the child while the shot was administered. In another situation, I talked with the client about how brave they are in attempt to calm the child down. I also spoke with a new mother about the purpose of the exam and what they would be doing today. Each time a new client came in for their appointment, I was ready to assist with setting up rooms or cleaning up rooms once the client had left.

4. Name **3** ways this clinical site impacts Pediatric health?

One way this clinical site impacts pediatric health is by the administration of immunizations. Immunizations have significantly decreased of certain communicable disease such as diphtheria (Rudd, 2022). Vaccinations are essential to the child's health in terms of building their immune system and protecting them while they attend school or other public situations. Another way this site improves pediatric health is ensuring their caregiver is well. The post-

partum screening protects the infant by ensuring proper care is given at home. Another way is the routine visits to ensure the child is appropriately progressing developmentally. If the child is not, proper interventions can be put in place to ensure the child thrives.

5. What are the health risks of the population served during today's clinical based on your observations today?

One health risk includes allergic reactions to certain medications. Most of the clients were infants and have not been exposed to these vaccines or medications beforehand. The caregiver was unsure of their child's allergy status because they had not been previously exposed. A baby was diagnosed with GERD during one of the visits and the risks for this include aspiration, ulcers, inflammation in the GI tract, and improper weight gain. Another newborn client had a G-tube and with this the risk of infection is increased. A health risk I observed during my rotation was a child roughly at the age of 5 was obese. With obesity comes several other health issues such as diabetes.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The health risk I have chosen is the newborn with the G-tube. The nursing diagnosis for this case would be risk of infection related to G-tube. The goal for this client is for them to be free of infection until the next follow-up appointment. Some nursing interventions to keep this client from infection is to educate the caregiver how to properly care for the G-tube (Rudd, 2022). Another nursing intervention would be to properly assess the site when the client comes into the office. The nurse should properly document their assessment findings so the healthcare team can properly determine if the infant is developing signs of infection. One nursing intervention for care of a G-tube is to wear the proper PPE when handling the tube to prevent exposure to infection.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

This clinical experience will impact my nursing career by giving me an idea of the importance and routine of appointments at the clinic. I will advocate for my clients to schedule and attend appointments at their clinic. This experience has increased my knowledge in what these appointments consist of so I can better educate my clients. As a nurse, it is important to recognize the different types of nursing and what each role consists of. The clinic nurse spent most of her time reviewing patient's charts and determining who needed appointments when and for what. In the future, I could either be a clinic nurse or work closely with one to improve patient outcomes.

References

Rudd, K. (2022). *Davis advantage for pediatric nursing: Critical components of nursing care* (3rd ed.). F.A. Davis Company.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____