

SELF REFLECTION JOURNAL FOR CLINICAL EXPERIENCE (1-5)

County Health Department journal/self-reflection assignment

See grading rubric below

1. How does the clinical site relate to Population/Global Health?
- The clinical site relates to population and global health as it serves mainly the older adult population in the Champaign-Urbana area. It helps individuals in the community receive the necessary treatments needed to cope with the pain from their osteoporosis and other health conditions.
2. How were you an engaged professional today?
- I was an engaged nursing professional today as I assisted the nurse and certified medical assistant in calling the patient's back for their appointments and obtaining necessary vital signs. I also assisted the nurse in scanning the medications and verifying that we had the right patient and right medication.
3. How did you contribute to the service of the community today?
- I contributed to the service of the community today by assisting patients in receiving their Prolia injections for their osteoporosis. This medication helps patients in this community as it is one of the only treatment options for post-menopausal women with osteoporosis who are a high risk for fractures.
4. Name 3 ways this clinical site impacts the community health?
- Physical med and rehab impact the community in many various ways. One example would be helping people achieve their independence and rejoin back into the community. Another example of how physical med and rehab impacts the community health is that it reduces the need for hospitalizations that can be quite costly as it helps the patient return to what we would view as their ideal health. Lastly, I would say that it positively impacts the community's health by offering necessary rehabilitation services that could help alleviate pain or treat and manage disorders that were keeping an individual out of work. I think that helping them be able to return to daily activities such as work is essential as this area is not necessarily the wealthiest and has some families who live in poverty and count on the income from their jobs to provide for their families.
5. Name 1 way this site could better serve the community and why?
- I would say that this site could better serve the community by possibly lowering the costs of treatments and possibly introducing payment plan options so they could accept patient's who may not have insurance needed to cover the costs of their needed treatments. I say this because the area suffers from some poverty and not everyone in the area has the necessary insurance coverage needed to cover the costs of their medications needed or the necessary treatment plan suggested by the physicians.
6. What health risks are experienced by the population served by today's clinical site?
Based off my experience during this clinical rotation the health risk I would say that is highly experienced by this certain population is osteoporosis. There were only three patients during my rotation to the clinic, however, each of the patient's I had seen was scheduled to receive their Prolia injections for their diagnosis of osteoporosis.

Grading Rubric Self Reflection Clinical Journal Post assignments- 10 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 0.5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-0 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 1 point</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 1.0 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments <p>Weight- 2 points</p>
<p>Thoughtful Reflection- How will this affect your practice or will it?</p> <p><i>Total Points- 1.0</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will 	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will 	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why.

<i>points</i>	impact your nursing practice or not. Weight- 0.5 point	impact your nursing practice or not. Weight-1 point	Weight-2 points
APA Format Correct spelling/Grammar. If references are used, they are in APA Format <i>Total Weight- 1.0 points</i>	-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone -Lack of APA citation use and Reference page if references used. Weight- 0 point	- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. -Inappropriate APA citation use and Reference page if references used. Weight- 0.5 point	-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used Weight- 1 point
Analysis of how behavioral, environmental, and genetic factors impact the population served at this site. <i>Total Weight- 2.0 points</i>	-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site. Weight- 0.5 point	-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough. Weight- 1 point	-Accurate and thorough analysis of how behavioral, environmental and genetic factors impact the population served at this site. Weight- 2.0 points
Journal submitted to discussion board within 96 hours (4 days) of the clinical experience. <i>Total Weight- 2 points</i>	. -Paper submitted to discussion board late. Weight- 0 point		-Paper submitted to discussion board on time. Weight- 2 points

Total Points _____

*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.

POSTED BY::

Pamela Armstrong

CREATED DATE::

08/15/2024 05:08 PM

MODIFIED DATE::

08/15/2024 05:08 PM

START DATE::

No Date Assigned