

Clinical Experience Summary

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? **(5 points)**
My nursing diagnosis for the patient I was caring for is acute pain related to cesarean section, as evidenced by the patient rating their pain a 6 out of 10 and grimacing on light palpation of the abdomen. I chose this diagnosis because I thought that it was the top priority. My patient had a successful delivery of her baby with zero complications. The doctor cleared the patient to get discharged, and there were no significant concerns. The patient did not have substantial blood loss during or after the delivery. The patient and baby also tolerated breastfeeding well. The patient was able to get up ad lib with no problems other than some pain at the incision sight. The patient also complained of shoulder pain. The nurse told me it was from air entering the body when it was open and rising to the shoulder. There was no treatment for this other than the comfort of a warm blanket. This nursing diagnosis is the main prioritization for this patient.
2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. **(15 points)**
 - a. **Administer pain medication as ordered by the physician. This intervention should be completed to help the patient avoid pain as best as possible. The patient can avoid the pain by taking pharmacological measures before**

it becomes severe. The patient should stay on schedule with their pain medication to prevent the excruciating pain.

- b. **Splinting the incision sight when coughing, sneezing, or laughing (Freedman). Coughing, sneezing, and laughing can place strain on the incision sight. Splinting the sight can help alleviate some of that pain (Freedman). The use of splinting will also prevent the incision from ripping open. The patient can splint the sight simply by holding a pillow over the abdomen.**
- c. **Use a warm compress over the shoulder during shoulder pain. This will help relieve some of that pain. The physician told the nurse that no medication can help with this pain. The warm blanket or pad should help alleviate the pain and provide comfort to the patient.**

3. **What was the evaluation of each of the previously identified nursing interventions? (10 points)**

The pain medication and the warm compress positively helped the patient with a reduction of pain. The pain medication was administered, and when the nurse and I went in to later assess the mother, she said her pain went down to a 3 out of 10. The pain was previously a 6 out of 10. The warm compress also helped the patient. When the patient complained of her shoulder pain, I went to bring her a warm blanket to lay on her shoulder. The patient said that it helped reduce the pain in the shoulder. The splinting was not completed when I was caring for the patient. I was there when the nurse educated the patient on splinting during strain. If the patient did this when I was able to visualize it, the evaluation should be that the intervention helped.

4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. **(10 points)**
A possible culture category my patient falls under is mothers who breastfeed their babies. One preference for this patient could be breastfeeding support. The patient will want support from her husband and other family members when breastfeeding. Another preference could be the type of clothing they wear. The patient will more than likely want to wear nursing bras and tops to make it easier for them and the baby to access the breasts.
5. Reflection of clinical experience. **(5 points)**
- a. What was one thing that put you outside your comfort zone?
 - i. **One thing that put me outside of my comfort zone was the circumcision that was completed on the baby. I have never seen this procedure done. While watching it, I was amazed at how fast the physician worked and how quickly it took.**
 - b. In what way did you see coordination between the health care team to provide appropriate care to the patient?
 - i. **I saw excellent care coordination between the healthcare team when they discussed discharge with the patient. The physician went in to see the patient and answer any questions or concerns that they may have. The nurse then went into the patient's room to educate them on specific subjects such as circumcision care, pain tolerance, etc. The patient could ask the nurse or physician any questions they had.**

References:

Freedman, M. (2020, July 29). *5 Ways to Manage Pain After a C-Section*. Healthgrades. <https://www.healthgrades.com/right-care/c-section/5-ways-to-manage-pain-after-a-c-section#:~:text=5%20Ways%20to%20Manage%20Pain%20After%20a%20C-Section,...%205%205.%20Follow%20instructions%20about%20lifting.%20>

N432 Clinical Experience Summary Rubric

Name:

Date:

Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	
Criteria	15 points	7.5 points	0 points	Comments
<ul style="list-style-type: none"> • Identify 3 nursing interventions that were completed during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 3 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	

Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	Includes complete and accurate information on all criteria: <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	Missing 1-2 or inaccurate information of the following: <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	Missing 2 or more or inaccurate information of the following: <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	
Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences that relate to their culture. 	Includes complete and accurate information on all criteria: <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	Missing 1 or inaccurate information of the following: <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	Missing 2 or more or inaccurate information of the following: <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	
Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable 	Includes complete and accurate information on all criteria: <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one 	Missing 1 or inaccurate information of the following: <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one 	Missing 2 or more or inaccurate information of the following: <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one 	

<p>?</p> <ul style="list-style-type: none"> ○ In what way did you see coordination between the health care team to provide appropriate care to the patient? 	<p>thing that made you feel uncomfortable?</p> <ul style="list-style-type: none"> ○ In what way did you see coordination between the health care team to provide appropriate care to the patient? 	<p>thing that made you feel uncomfortable?</p> <ul style="list-style-type: none"> ○ In what way did you see coordination between the health care team to provide appropriate care to the patient? 	<p>thing that made you feel uncomfortable?</p> <ul style="list-style-type: none"> ○ In what way did you see coordination between the health care team to provide appropriate care to the patient? 	
<p>Criteria</p>	<p>5 points</p>	<p>2.5 points</p>	<p>0 points</p>	
<p>APA Format</p> <ul style="list-style-type: none"> • 2 page minimum • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. • Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	

in all narrative sections.				
Instructor Comments:				
			/50=	