

Client Comfort and End of Life Care Reflection

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What was learned from this scenario?

I realized how crucial it is to give comfort care to a patient who might be nearing the end of their days. For someone who is nearing the end of their life, this can improve their level of life. Maintaining appropriate communication with the patient's relatives is also essential. You should be ready for any comments the family may make to you as well as how to respond to the circumstance. The sisters in this scenario disagreed several times, therefore it's important to know how to address them effectively.

Identify the biggest takeaways.

a) Explain the factors that influenced this decision.

The most important lesson I learned was how to interact with the family effectively. This kind of scenario calls for the importance of therapeutic communication. Active listening was mentioned as one of the justifications in the ATI report. Engaging with the patient or family throughout the conversation, indicating that you are paying attention, and demonstrating interest in what they have to say are all components of active listening (American Nurse, n.d.). One of the many therapeutic communication techniques used in this scene was active listening. One of the main reasons for selecting this lesson was the fact that working in the healthcare industry requires constant communication. It's critical that you, as the nurse, interact with the family in a way that makes them feel more at ease. It's crucial to avoid bias or judgment when discussing the patient's future steps.

What are some of the main problems or key issues expressed in the scenario?

Distractions and conflict were a couple of the problems in this scene. The daughters of their ailing mother carried on arguing, so the nurse had to make sure everything was handled correctly. Family conflicts can make the situation difficult and uncomfortable for both the patient

and the nurse. Due to distractions and a reduced capacity to concentrate on patient care duties, increased noise levels might result in medical errors (Vreman et al., 2023). Making sure you can maintain your attention and concentration on the patient is what you want to ensure. It's crucial to provide them with the greatest care possible.

What were some of the challenging decisions the nurse needed to make?

a) Describe the rationale behind these decisions.

As I've been saying, I believe it can be challenging to communicate with the patient and family, particularly when there are conflicts and distractions present. It's crucial to make sure you project professionalism and avoid bias. Several therapeutic communication techniques can be used to stop this from occurring. Speaking with the nurse managers was perhaps one of the more difficult conversations the nurse had to have. Coming forward with any worries you may have to your nurse supervisors can be intimidating and challenging. What you want to convey is that you have control over a situation.

What factors influenced the nursing decisions and responses during the scenario?

a) Explain the response.

b) How will a nurse respond if this scenario presents again in the future?

The decision of how to approach the matter was made with professionalism. The nurse employed appropriate therapeutic communication in each response. A set of methods known as therapeutic communication puts patients' physical, mental, and emotional health first. The patient is then able to react and consider their thoughts, feelings, and actions. They feel more at ease as a result. The nurse will respond in the same manner if this scenario repeats itself. She will be more prepared and able to manage the situation by reflecting on her prior experience.

Have similar situations been experienced in current clinical rotations?

a) How did nursing or others respond to the situation? Please explain.

b) Describe successful communication strategies used or experienced in the clinical setting.

Although it hasn't happened during a clinical rotation, a comparable circumstance has occurred at work. Therapeutic communication was demonstrated by me, another CNA, and the nurse when the patients' family were sharing feelings and worries. We listened to them and acknowledged their perspective while allowing them to speak. It can be challenging to communicate with a patient's family, particularly when conflicts are present and when a patient is nearing the end of their life. In a circumstance such as this, the most important course of action is therapeutic conversation.

Discuss the advantages and disadvantages of having families discuss treatment options, including end-of-life decisions before a loved one becomes ill or early in a terminal illness.

Family involvement with an individual who may be nearing the end of their life can have many benefits and drawbacks. While treatment decisions are ultimately up to the patient, it might be helpful to have several perspectives. When you are nearing death, it's crucial to be comfortable, and family may help with that. A patient may feel more at ease and at peace when family members are there. Families may suffer if there is disagreement over the patient's desires. Some may act rudely toward the staff because they deny losing a loved one. Losing a loved one is tough, and family members may sometimes make the process even more challenging.

References:

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