

## **N432 Clinical Experience Summary: Newborn**

**Name: Kayla Cox Schrubb**

**Date: 07/11/2024**

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? **(5 points)**

The priority nursing diagnosis for my patient would be risk for impaired gas exchange related to the infant being delivered at 25 weeks gestation. Because of being born so early, the infant is defined as extremely premature. Suck, swallow, and breathing reflexes remain immature until the infant reaches 37 weeks (Durham et al., 2023). The neonatal was on high flow oxygen, demonstrated retraction breathing, and was tachypneic with respirations being over 60 beats per minute on every assessment. Apnea episodes were also assessed along with a heart murmur.

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. **(15 points)**

Providing respiratory support is an intervention that is done by listening for equal breath sounds bilaterally, assessing for equal chest rises, keeping airway patent, and administered oxygen demands (Durham et al., 2023). This needs to be done because the infants' lungs are not fully developed, and they may not be able to breathe well enough on their own. Another intervention would be to monitor the infants' vital signs, oxygen saturations, and blood gas results (Durham et al., 2023). Vitals will help the nurse maintain the infants vital ranges within orders and can administer oxygen as needed. The ABG results will show results on how the newborns respiratory, circulatory, and metabolic processes is working (Durham et al., 2023). The hemoglobin levels show the status of the oxygen-carrying capacity of the blood (Durham et al., 2023). The third nursing intervention is to assess the infants skin integrity, condition, and characteristics (Durham et al., 2023). We would want to do this because of the infant being hook up to oxygen, OG tube, body temperature probs, and a heart monitor. The nurse should make sure she is moving all tubing around and putting protective barriers around/on the patients' skin, so it does not start to break down.

3. What was the evaluation of each of the previously identified nursing interventions? **(10 points)**

The evaluation of respiratory support was positive. The infant was able to keep her oxygen within range all day. When we assessed lung sounds every two hours, they were clear bilaterally. Even though the infant was tachypneic all day, she still was able to rise her chest equally. Vital signs were an intervention that was assessed continuously. The only time the infant showed any deceleration in her oxygen was when her OG feeding was administering. But she was still able to resolve those decelerations on her own, so we did not have to adjust her oxygen at all. The infants ABG results also came back at a better level to where the doctor was talking about lowering her level on her high flow. The nurse did Q2 hourly rounding on this patient. Each time we went to round, we changed her diaper, put cream on her bottom as a protective barrier, cleaned underneath her oxygen and made sure the protective barrier was still clean and intact, turned her from the side she was laying on to the other, and switched the pulse ox on her foot to the other. Because of this, the infant showed no signs of skin breakdown.

4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. **(10 points)**

This infant was a triplet when in the mother womb. Because of mom delivering so early, this patient was the only surviving triplet. She had become a sibling of two others, to being an only child. As hard as this time may be for this family, they were in good spirits and hopes for there little one. Now that the patient is officially 34 weeks, the infant is well enough that the mother can hold her. One of the biggest preferences that the mother had was to do skin to skin as long as she could while she was at the hospital with her. The infant does amazing knowing her mother is there. This allows the mother to feel bonded with her baby even though she is not at home. Another preference that this family wanted was to make sure the baby was getting her breastmilk. As of right now, this patient has an OG tube in for feeding. So, the mother pumps at home and brings her milk to the hospital. They can warm it up and administer it to the baby just as the mother wished. This reassures the mother that she is still providing for her baby, and the baby is getting all the nutrients she needs.

5. Reflection of clinical experience. **(5 points)**

a. What was one thing that put you outside your comfort zone?

One thing that put me outside of my comfort zone was how little this infant was. My nurse was amazing and let me do all the assessments along side her. It was difficult to remover around while changing her diaper and checking her vitals because of the monitors that she was hooked up too. I felt like I was going to hurt her or pull something out because of her being so little. Another thing that put me out of my comfort zone was doing the vitals. Doing vitals on an infant that little is so different because their heart rate and respirations are more rapid.

- b. In what way did you see coordination between the health care team to provide appropriate care to the patient?

The coworkers on this unit worked together so well. They help each other whenever it is needed. If a babies monitor starts alarming, the nurse closest to the baby would always check and then get the assigned nurse if needed. We did not need extra hands with this patient today. However, the Dr., NPs, and physician assistance all rounded on every baby to get updates on how they were doing. I felt like this provided appropriate care for my patient because of the conversation about lowering her oxygen, along with upping her feeds.

Reference:

Durham, R. F., Chapman, L. L., & Miller, C. S. (2023). *Maternal-Newborn Nursing* (4th ed.). F.A. Davis Company.

## N432 Clinical Experience Summary Rubric

Name:

Date:

Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> <li>• What is the priority nursing diagnosis for your patient?</li> <li>• Why did you choose this diagnosis?</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>• What is the priority nursing diagnosis for your patient?</li> <li>• Why did you choose this diagnosis?</li> </ul>	<p><b>Missing 1 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• What is the priority nursing diagnosis for your patient?</li> <li>• Why did you choose this diagnosis?</li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• What is the priority nursing diagnosis for your patient?</li> <li>• Why did you choose this diagnosis?</li> </ul>	
Criteria	15 points	7.5 points	0 points	Comments
<ul style="list-style-type: none"> <li>• Identify 3 nursing interventions that were completed during clinical.</li> <li>• Describe each intervention.</li> <li>• Explain why each intervention was completed.</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>• Identify 3 nursing interventions that were seen or done during clinical.</li> <li>• Describe each intervention.</li> <li>• Explain why each intervention was completed.</li> </ul>	<p><b>Missing 1-2 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• Identify 3 nursing interventions that were seen or done during clinical.</li> <li>• Describe each intervention.</li> <li>• Explain why each intervention was completed.</li> </ul>	<p><b>Missing 3 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• Identify 3 nursing interventions that were seen or done during clinical.</li> <li>• Describe each intervention.</li> <li>• Explain why each intervention was completed.</li> </ul>	

Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	<p><b>Missing 1-2 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	
Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences that relate to their culture.</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences relating to their culture.</li> </ul>	<p><b>Missing 1 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences relating to their culture.</li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences relating to their culture.</li> </ul>	
Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel uncomfortable?</li> <li>In what way</li> </ul> </li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel</li> </ul> </li> </ul>	<p><b>Missing 1 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel</li> </ul> </li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel</li> </ul> </li> </ul>	

<p>did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>uncomfortable?  ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>uncomfortable?  ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>uncomfortable?  ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	
Criteria	5 points	2.5 points	0 points	
<p><b>APA Format</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum</li> <li>• The student used appropriate APA in text citations and listed all appropriate references in APA format.</li> <li>• Source(s) utilized should be 5 or less years old.</li> <li>• Source(s) greater than 5 years old will not be accepted.</li> <li>• Professional writing style and grammar was used in all narrative sections.</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum.</li> <li>• The student used appropriate APA in text citations and listed all appropriate references in APA format.</li> <li>• All sources utilized were 5 or less years old.</li> <li>• Professional writing style and grammar was used in all narrative sections.</li> </ul>	<p><b>Missing 1 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum.</li> <li>• The student used appropriate APA in text citations and listed all appropriate references in APA format.</li> <li>• All sources utilized were 5 or less years old.</li> <li>• Professional writing style and grammar was used in all narrative sections</li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum.</li> <li>• The student used appropriate APA in text citations and listed all appropriate references in APA format.</li> <li>• All sources utilized were 5 or less years old.</li> <li>• Professional writing style and grammar was used in all narrative sections</li> </ul>	

Instructor Comments:

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