

Clinical Experience Summary

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? (5 points)

The priority nursing diagnosis for my patient is risk for bleeding related to having a history of multiple cesarean sections (C-section) and anticoagulation therapy as evidenced by a previous postpartum hemorrhage. I chose this as a priority nursing diagnosis for my patient because she meets multiple criteria for high risk of postpartum hemorrhage. These risk factors include being a Hispanic woman, history of multiple pregnancies delivered by c-section, being her 5th pregnancy in a span of 5 years, undergoing anticoagulation therapy, and having a previous postpartum hemorrhage.

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. (15 points)

As the primary nurse of a patient at high risk for postpartum hemorrhage they should be able to implement interventions necessary to prevent any complications. One intervention a nurse should do is assess the fundus for location, position, and tone routinely to ensure it is firm (Durham et al., 2023). Risk for postpartum hemorrhage is high within the first hour after delivery, and late

hemorrhage may even occur upwards to 14 days following delivery if the patient is not properly educated on identifying the proper signs (Durham et al., 2023). The next nursing intervention is to immediately begin administration of oxytocin per the physician's orders, because this promotes uterine contraction which stimulates smooth muscle, helping to prevent hemorrhage (Durham et al., 2023). Lastly, a key nursing intervention should be to educate and teach the patient upon discharge how to assess the fundas and massage till if firm if feeling soft or boggy. Included in this teaching should also be information regarding the stages of normal lochia with an explanation on flow changes when getting up or sitting for longer periods of time (Durham et al., 2023).

3. What was the evaluation of each of the previously identified nursing interventions? (10 points)

During patient rounds, the nurse performed a fundal assessment on the patient to determine uterine tone. It was determined that the uterus was firm as expected, which was a supporting sign of no increased risk for hemorrhage. There was no intervention for oxytocin observed due to it already being day 3 for the patient and the oxytocin had already previously been administered to the patient. When it came to patient education, the nurse did take the time to thoroughly explain multiple things to the patient. She first explained how to perform the fundal checks on yourself, by lying on your back, supporting your lower abdomen while pushing down near the umbilicus to feel for a firm or boggy uterus (Durham et al., 2023). The nurse also demonstrated how to properly wear an abdominal binder, in addition to recognizing progressive stages of lochia.

4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. (10 points)

The patient was a Hispanic woman of Catholic religion who was very independent when providing care to her newborn. Even after a history of 3 c-sections, the patient was up and moving with an abdominal binder and only asked for the nurse when wanting new blankets to swaddle the baby and diapers. The patient was of a low to median socioeconomic status, with a non-supportive spouse, which is why she seemed to be very independent of taking care of herself and her newborn. The patient preferred to change all the diapers herself, asking at least once during the shift for someone to bring more in along with some new towels. The patient also preferred to wash the baby herself, although I did not get to see but was reported by the patient that she did so. The nurse seemed to have a minimal role of care other than addressing vital signs of the newborn. The patient voiced how she was just ready to get back to her other living kids to take care of them and get back to living her normal everyday life.

5. Reflection of clinical experience. (5 points)

a. What was one thing that put you outside your comfort zone?

One thing during my postpartum clinical experience that put me outside of my comfort zone was learning to swaddle and hold the newborns. I am very much not a baby person, I don't have kids currently, so to be honest it made me feel very uncomfortable and nervous to hold someone else's newborn baby. I am glad I was able to experience this though and will feel much more confident when having the opportunity to swaddle and hold another newborn. I found this to be scary and out of my comfort zone, but since I want kids of my own someday, I was happy to help my nurse preceptor and care for the patient!

b. In what way did you see coordination between the health care team to provide appropriate care to the patient?

I did not directly observe much coordination between the health care team in giving direct care to any of my patients; however, I did see excellent communication during handoff report and updating the charge nurse. During handoff report between night and day shift nurses, the night shift nurse provided very detailed notes regarding one of the patient's preferences for the day, in addition to interventions she took she felt necessary to provide the best care for the patient. The nurse noticed signs of the spouse being aggressive and verbal to the patient the previous night and early in the morning and made sure to put in a consult with case management for the current day. The oncoming nurse was able to investigate the charting and see detailed notes made by the night shift nurse and her concerns, which greatly helped case management in the morning when they came questioning the patient. My nurse was now capable of updating the charge nurse on the situation to fill in what had been going on throughout the night, and everyone on the healthcare team were on the same page when it came to providing the appropriate care.

References

Durham, R., Chapman, L., & Miller, C. (2023). *Davis advantage for maternal-newborn nursing: Critical components of nursing care* (4th ed.). F.A. Davis.

N432 Clinical Experience Summary Rubric

Name: Kaleb Kelly

Date: 06/06/2024

| Criteria | 5 points | 2.5 points | 0 points | Comments |
|--|---|---|---|----------|
| <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? | <p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? | <p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? | <p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? | |
| Criteria | 15 points | 7.5 points | 0 points | Comments |
| <ul style="list-style-type: none"> • Identify 3 nursing interventions that were completed during clinical. • Describe each intervention. • Explain why each intervention was completed. | <p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. | <p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. | <p>Missing 3 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. | |

| Criteria | 10 points | 5 points | 0 points | Comments |
|---|---|---|---|----------|
| <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions | <p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions | <p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions | <p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions | |
| Criteria | 10 points | 5 points | 0 points | Comments |
| <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences that relate to their culture. | <p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. | <p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. | <p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. | |
| Criteria | 5 points | 2.5 points | 0 points | Comments |
| <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way | <p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel | <p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel | <p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel | |

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| <p>did you see coordination between the health care team to provide appropriate care to the patient?</p> | <p>uncomfortable? ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p> | <p>uncomfortable? ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p> | <p>uncomfortable? ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p> | |
| <p>Criteria</p> | <p>5 points</p> | <p>2.5 points</p> | <p>0 points</p> | |
| <p>APA Format</p> <ul style="list-style-type: none"> • 2 page minimum • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. • Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used in all narrative sections. | <p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections. | <p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections | <p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections | |

Instructor Comments:

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