

Clinical Experience Summary

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? **(5 points)**

The priority nursing diagnosis for my patient would be a risk for fluid volume deficit. I chose this diagnosis because my patient was a c-section patient that hemorrhaged after delivery. Her blood loss was over 1,000 mL which led her to a 10% drop in her hemoglobin and hematocrit (Durham et al., 2023). With this diagnosis, we need to make sure that the patients' BP and pulse is staying within the patients' normal limits. Other symptoms we need to pay attention to with fluid volume deficit are a boggy uterus, heavy lochia, and clots (Durham et al., 2023).

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. **(15 points)**

The first intervention I would do for my postpartum hemorrhage mom would be to assess the patients' vital signs as soon as she got to the unit from labor room, then every 2 hours x 4, then every Q4 hours until discharged. We want to make sure we are assessing the patients' vital signs often to make sure she is not going into hypovolemic shock. Some signs and symptoms of hypovolemic shock could be an increasing pulse, hypotension, cold, clammy, rapid breathing, low oxygen saturation, dizziness, and reduced urine output (Durham et al., 2023). The second intervention that is important to do with a patient at risk for fluid volume deficit is to put her on a strict intake and output order. It is very important for the physician to know how much fluid the patient is taking in, along with what they are excreting from the body. If my patient did start to experience a fluid deficit, it is possible that we would see a decrease in urinary output. For example, the patient could output 50 mL in 4 hours (Durham et al., 2023). Other signs could be an increased lochia and/or boggy uterus (Durham et al., 2023). The last intervention that I would do for my patient is to make sure there is an order for a continuous electrocardiographic monitor. We would want an order for a continuous heart monitor because of possible hypotension, continuous bleeding, tachycardia, or shock (Durham et al., 2023). My patient had a cardiac history of experiencing hypertension, along with tachycardia during her pregnancy. So, the continuous cardiac monitor was appropriate for my patient for at least 24 hours after delivery.

3. What was the evaluation of each of the previously identified nursing interventions? **(10 points)**

The first intervention that I talked about was the importance of vital signs for my patient. The vital signs were better than I expected. The first set showed a slight elevated blood pressure and pulse. I asked my nurse if we should be concerned. She explained that with her experience, she has noticed that the first set can always be slightly elevated because of the stress on the body from moving floors. And I was able to see that she was correct. Every set of vital signs that I had assessed from my patient after her initial set, were all normal range. The second intervention that I talked about was making my patient a strict intake and output. Unfortunately, my patient was not on the unit long enough for us to pull her fully before the clinical was over. But I still made sure to keep record of what fluids she was drinking, along with what she was outputting. Every time I had gone to get her vital, I had made sure to empty her fully as well. I felt like the best way to accurately get an output on my patient was by emptying it every time I got her vitals. I also kept note on how much water I took in, along with ice chips, and the fluids that she was receiving via IV. The last intervention that I talked about was hooking my patient up to a continuous heart monitor. I was able to get a telle pack and hook her up to all the leads. Fortunately, she did not have any abnormal episodes while I was there. But it was good to experience a patient that needed that type of monitoring, along with putting the monitor on.

4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. **(10 points)**

My patient was an African American woman, that had a fiancé as her support person, and this was their first child together. One preference that my patient had was breastfeeding. The staff was very supportive about her decision, but you could tell that she needed some guidance. The nurse called in the lactation consultant, while she went to grab formula bottles because she knew that the mothers' milk would not fully be in until a few days after the infant delivery. Another preference that my patient had was that she did not feel comfortable with a student looking down at her bleeding while the nurse was pushing on the fundus. I do not believe this was because of any religious beliefs. I fully believe that it had to do with her being a first time, young mother that just had gone through a lot. She was a mother that came in thinking that she was going to have a vaginal delivery and ended up having a c-section. My patient needed time to cope with the reality of her new life.

5. Reflection of clinical experience. **(5 points)**

a. What was one thing that put you outside your comfort zone?

One thing that put me outside my comfort zone was the push to get our mothers up so soon after delivery, when they were expressing how much pain they were in. I have had a baby, so I can relate with how much pain they could truly be experiencing. But I can also say that moving around did help with healing. I had a mother that was refusing to get out of bed. She did not want to get up to change

her pad, or to go to the bathroom. I had sympathy for her, but she also needed that push to get up before further complications started to arise. This situation put me outside of my comfort zone because it was the first time I had to try and persuade a patient to do something that she truly did not want to, but we knew that it would be in her best interest if she did.

b. In what way did you see coordination between the health care team to provide appropriate care to the patient?

I saw coordination within the health care team with every aspect we came across. I loved how they had a hand full of lactation consultants to help the breastfeeding/pumping mothers. The HCT were helpful and always reported back to the nurse about what they had done. The social workers came around to the NICU mothers and asked about staying in the guest house. It was truly amazing to see a hospital as big as Carole is, to work together and flow so easily. It was a great experience!

Reference:

Durham, R. F., Chapman, L. L., & Miller, C. S. (2023). *Maternal-newborn nursing* (4th ed.). F.A. Davis Company.

N432 Clinical Experience Summary Rubric

Name: Kayla Cox Schrubb

Date: 06/01/2024

Criteria	5 points	2.5 points	0 points	Comments
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5/13/2024

<ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	
Criteria	15 points	7.5 points	0 points	Comments
<ul style="list-style-type: none"> • Identify 3 nursing interventions that were completed during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 3 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	
Criteria	10 points	5 points	0 points	Comments

<ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	
Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences that relate to their culture. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	
Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? 	

<p>coordination between the health care team to provide appropriate care to the patient?</p>	<p>○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	
<p>Criteria</p>	<p>5 points</p>	<p>2.5 points</p>	<p>0 points</p>	
<p>APA Format</p> <ul style="list-style-type: none"> • 2 page minimum • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. • Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used in all narrative sections. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	

Instructor Comments:

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