

Clinical Experience Summary

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response.

In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? (5 points)

The priority nursing diagnosis for this patient is acute pain related to cesarean delivery as evidenced by positioning to ease pain. This nursing diagnosis was chosen due to the patient's age, tissue damage, and repeated cesarean section (C-section). The patient had voiced a lot of pain and discomfort following her first C-section but did not qualify for vaginal delivery due to complications with her first pregnancy. Therefore, she was scheduled for a C-section with postoperative pain control being the primary focus of patient care.

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. (15 points)

As the primary nurse of a postoperative cesarean delivery patient, the nurse should understand the risk for acute pain following the procedure. The first intervention should be to address the patient's level of pain frequently during routine rounding, and communicating with the provider to see what pharmacological interventions are available. Oral and parenteral analgesics such as

ibuprofen, acetaminophen, and morphine are all commonly used in pain management and may help keep the pain at a tolerable level. Nursing assessment should include assessing the patient for both abdominal and breast pain, including a description of any characteristics and discomforts (Durham et al., 2023). Another nursing intervention should be finding nonpharmacological methods for easing the patient's postoperative pain. This may include teaching relaxation techniques such as deep breathing, meditation, massages, hot/cold therapy, and repositioning while at rest. These methods can help alleviate any potential discomforts the patient may be experiencing. A third intervention that is highly recommended for patients after a cesarean delivery is early ambulation as tolerated. Having early mobilization has shown in study to improve short-term outcomes of surgery by bringing bowel functions back to baseline, decreasing risk for a thromboembolism, and decrease time the patient must stay in the hospital (Macones et al., 2019). Early ambulation can allow for discharge goals to be met faster if tolerated well, promoting the body to heal and ultimately shortening the period in which the patient experiences pain in the recovery process.

3. What was the evaluation of each of the previously identified nursing interventions? (10 points)

When the patient got to the recovery unit, they were made comfortable in bed by having their head of bed in semi-fowlers position to take pressure off the abdominal incision. The nurse provided a few extra pillows and a warm blanket as well to ensure the patient was comfortable. Pharmacological pain measures were not started immediately due to the patient not experiencing much pain still under the effects of the epidural, a regional anesthesia that numbed her lower body. Even though early ambulation is highly recommended, given that the patient still was numb from the epidural they were not advised to begin ambulating right away. The goal

for these interventions is to help control acute pain as the anesthesia begins to wear off and the patient experiences more intense pain. The nurse did start IV fluids as ordered by the provider, but no pharmacological pain interventions were additionally given in the time I was with the patient.

4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. (10 points)

The patient I was able to experience direct care for was a middle-aged Caucasian woman with traditional cultural beliefs. She had a husband, two living children, and two dogs at home she talked about wanting to go home to see. Given that she was of traditional Christian values and was not very culturally diverse, the patient did not have any unique preferences I noticed with delivery or postpartum care. Two things she did voice she wanted though was skin to skin with her newborn, and pain interventions once she reached around a 7/10 pain. It seemed very special to her to be able to have that moment of skin to skin during recovery with her newborn baby. She wasn't currently in much pain when I was with her due to the numbness of the epidural, but during triage had mentioned how she had been in a lot of pain following her first C-section.

5. Reflection of clinical experience. (5 points)

a. What was one thing that put you outside your comfort zone?

One thing that put me out of my comfort zone took place during my time observing the C-section. After the umbilical cord was clamped, cut, and baby placed in the warmer, I had the opportunity to administer the Hepatitis B injection. Normally giving an IM injection wouldn't make me feel uncomfortable; however, giving it to a newborn made me feel nervous. Luckily, I jumped right in

wanting to learn and everything went great! In the end, I thought it was a wonderful opportunity and I was grateful to have that experience.

b. In what way did you see coordination between the health care team to provide appropriate care to the patient?

Yes, I saw excellent coordination between the health care team in providing the appropriate care to the patient. During the C-section, there were multiple occasions where the provider, scrub tech, and primary nurse all communicated effectively regarding patient information and when needing supplies from the cabinet delivered to the sterile field. The overall communication and prompt actions of the health care team resulted in quality care for the patient.

References

Durham, R., Chapman, L., & Miller, C. (2023). *Davis advantage for maternal-newborn nursing: Critical components of nursing care* (4th ed.). F.A. Davis.

Macones, G. A., Caughey, A. B., Wood, S. L., Wrench, I. J., Huang, J., Norman, M., ... & Wilson, R. D. (2019). Guidelines for postoperative care in cesarean delivery: Enhanced Recovery After Surgery (ERAS) Society recommendations (part 3). *American journal of obstetrics and gynecology*, 221(3), 247-e1.

N432 Clinical Experience Summary Rubric

Name: Kaleb Kelly

Date: 06/01/2024

Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	
Criteria	15 points	7.5 points	0 points	Comments
<ul style="list-style-type: none"> • Identify 3 nursing interventions that were completed during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 3 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	

Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	
Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences that relate to their culture. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	
Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel 	

<p>did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>uncomfortable? ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>uncomfortable? ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>uncomfortable? ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	
Criteria	5 points	2.5 points	0 points	
<p>APA Format</p> <ul style="list-style-type: none"> • 2 page minimum • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. • Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used in all narrative sections. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	

Instructor Comments:

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