

N321 Adult Health I

Clinical Reflection Form

Name: Xitlally Bonilla

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End of clinical Journal

1. Briefly write about your experience(s)

I went into clinical really nervous and not sure what to expect since I feel like last semester our clinical group didn't get the best clinical experience and that I didn't get that much of an experience. That being said, I really enjoyed clinical this semester and I feel like I learned so much and have gained more confidence in myself that I can actually become a nurse one day.

2. What are things you learned?

I feel like I learned a lot of what it's like to be a nurse as a whole. I have no nursing or healthcare experience and then no one in my family is in healthcare, so I was going into this with almost no idea as to what to expect. So as a whole I just learned a lot of what it takes to be a nurse and then all the different specialties I can then branch off to.

3. What are things you would do differently?

I would probably work on being less shy and timid and try to be more outspoken and confident for future clinicals.

4. What is your major "take home" from clinical experience(s)?

I would definitely say go into it with an open mind and try to learn as much as you can whenever possible.

5. Is there anything else you would like to mention?

Not really, I had a pretty good clinical experience as a whole.