

N321 Adult Health I

Clinical Reflection Form

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End of clinical Journal

1. Briefly write about your experience(s)

I really enjoyed this semester's clinical experience. All of the preceptors that I shadowed treated me with kindness and respect. I felt comfortable in all of the units that I was assigned to and was able to practice a lot of the skills that I wanted to work on. Overall, I learned a lot and was grateful for the opportunities that I was given.

2. What are things you learned?

One thing I learned was that when you go to start an IV on an older adult, you have to hold their skin taught so that it doesn't move around and cause you to miss the vein. Similarly, I learned how to find a vein to start an IV. Even if I couldn't see it, I was able to feel it. Another thing I learned was how to administer lots of different medications. I also got more experience with what the medications do and why certain clients are given these medications. One of my favorite things this semester was getting to see the client that I did my care plan on a few weeks later during my time in the ACU. I thought it was cool to get to see a client that I worked with after he recovered.

3. What are things you would do differently?

The only thing that I would do differently would be to just ask if I could do more. There were times that I found myself watching skills that I could do when I should have spoken up and asked if I could do them.

4. What is your major "take home" from clinical experience(s)?

My major take home from this experience is you never know what you are going to get. Nurses have to be able to adapt to any situation and be prepared for whatever comes our way. I would often walk onto my assigned unit thinking I knew what to expect, but when I got there, it was the complete opposite and I loved every minute of it.

5. Is there anything else you would like to mention?

I just want to say that I really enjoyed myself this semester and feel as if I have grown tremendously since the semester began. I felt that all involved staff and OSF team members have made this semester a success.