

N321 Adult Health I

Clinical Reflection Form

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End of clinical Journal

1. Briefly write about your experience(s)

Wound care was one of my favorite rotations. Mary was a very knowledgeable preceptor and actually allowed students to gain hands on experience. The emergency department was hit or miss depending on what nurse you were placed with. Most of the staff was standoffish and utilized the student nurses as techs rather than teaching them. They would walk off leaving the students on their own. When the student had questions the nurses were often chatting with other nurses. While I had good experiences some of my peers did not.

2. What are things you learned?

I learned to trust my clinical judgment and to utilize my critical thinking skills. Though both are still developing I feel it's on the right path of setting me up for the next semester.

3. What are things you would do differently?

Slow down and truly listen with the intent to understand and apply to practice.

4. What is your major "take home" from clinical experience(s)?

Pay attention and absorb all the information I can. Instead of watching I would instead ask if I could try. Being hands on allowed me to identify warning signs and symptoms in not only clinical settings but also everyday life.

5. Is there anything else you would like to mention?

I wish we could've spent time learning to chart. That's the only additional information I feel could be beneficial.