

N321 Adult Health I

Clinical Reflection Form

Name: Erica King

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End of clinical Journal

1. Briefly write about your experience(s)

My experience in this clinical was a good one overall. There were some clinical rotations that I didn't necessarily care for, but I learned from them regardless. The DEU unit was one of my particular favorites and I feel like I learned so much from working with my preceptor.

2. What are things you learned?

During this clinical I got to learn more about medications and passing medications, I got to learn how to get better at IV insertion, and I got to learn about the different areas of nursing that one can work in.

3. What are things you would do differently?

I would be more open and optimistic about some of the clinical rotations. I feel like some of the rotations I didn't look forward to and so my experience was altered due to my outlook. I will in the future have a more optimistic approach to these rotations.

4. What is your major "take home" from clinical experience(s)?

My major "take home" from this clinical experience is how to be a better nurse. I also took away a lot of information about medications and how to pass them. Also, I've learned more about who I'd like to be as a nurse.

5. Is there anything else you would like to mention?

I really enjoyed working with my preceptor on the DEU unit. June was amazing and such a good teacher. She was wonderful to work beside.