N321 Adult Health I

Clinical Reflection Form

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Name: Kayla Cox Schrubb

End of clinical Journal

1. Briefly write about your experience(s)

This second part of the semester I have really enjoyed. I have been paired with nurses that I feel truly are there to help me learn. I have passed medication every clinical. I have been able to give oral meds, shots, change transdermal patches, give explination on sublinguti mediation. I have seen a growth in myself now that I have been paired with nurses that want to teach and it has been very exciting.

2. What are things you learned?

One thing I have learned is the Dr.'s do make mistakes. We are taught in almost all of our classes that we always need to double check allergies with medication. There has been 2x now that a Dr has prescribed a med to a pt that they are allergic too. I liked that I got to experience how that type of scenario is handled between a Dr. + a nurse.

3. What are things you would do differently?

One thing I would do differently is not be so hesitant on asking questions. I feel like the first part of the semester I was not paired with the best nurses so I got nervous to ask questions. But the 2nd part of the semester has been so different. It wasnt until the last few clinicals I have gotten the courage to ask questions again, but now that I have I feel like I have learned alot more.

4. What is your major "take home" from clinical experience(s)?

My major "take home" is to volunteer to do something new I have not tried. It might be nerveracking at the time but once I get that new experiance, I always come out thinking, "okay, that wasnt as bad as I thought".

5. Is there anything else you would like to mention?

I truly have enjoyed adult health I clinical. I feel like I have a good foundation set to continue my student nursing career.