

N321 Adult Health I

Clinical Reflection Form

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End of clinical Journal

1. Briefly write about your experience(s) This clinical experience allowed me to feel what being a nurse with a set of patients is actually like. I got to experience the stress and time constraints that can accompany the career. I enjoyed being able to rotate to different units and see just how many opportunities there are within nursing. I learned a lot through observing my preceptor work with the interdisciplinary team and advocating for her patients.

2. What are things you learned?

I was able to learn tips and tricks for injectable meds. I learned how to anchor a vein while starting an IV. Also, I learned where in the EHR to find information about medications.

3. What are things you would do differently?

I would be more persistent on the units where I'm not feeling as welcome, or getting a good experience. I would also be more outspoken with my preceptor and articulate skills I want to practice.

4. What is your major "take home" from clinical experience(s)?

My major take home from this semester's clinical experience is to look at the big picture for each client. This means asking them questions, reassessing, monitoring labs and diagnostic and trusting my gut. A secondary take home is finding ways to remember things, as we get so busy on the floor that it's easy to forget to get that extra blanket.

5. Is there anything else you would like to mention?

I loved this clinical experience. I'm so grateful to have been able to work consistently with a preceptor. Professor Henry is phenomenal at providing and advocating for us to have experiences and try new skills. Jenny was so kind and knowledgeable!