

N321 Adult Health I

Clinical Reflection Form

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End of Clinical Journal

1. Briefly write about your experience(s)

I have grown this semester. I enjoyed rotating to different departments during clinical because it gave me a complete picture of a hospital setting, which was helpful to my learning.

2. What are things you learned?

I have learned many things, one of them being the extreme importance of aseptic technique during surgery. I watched a surgery for a knee replacement, and the lady ended up back in the hospital with a surgical infection, which may end up leading to an amputation. I am not positive that it was the aseptic process or that she had an infection before the operation, because her legs did not look quite normal before the surgery, but it still made me recognize the importance.

3. What are things you would do differently?

At times, the ER department nurses were not welcoming to teach or let us watch. Next time, I will start following them sooner, whether they want me to or not. I learned to do this after a couple of times in the ER.

4. What is your major "take-home" from clinical experience(s)?

How nursing in every aspect of the hospital is critical.

5. Is there anything else you would like to mention?

I appreciate Professor Henry's patience and willingness to help. With not having any prior medical experience, she made me feel more at ease.