

N321 Adult Health I

Clinical Reflection Form

Name: Jessica Runde

Date: 4/18/2024

End of clinical Journal

1. Briefly write about your experience(s)

I enjoyed my clinical experience at Sara Bush. I think it helped me to come more confident in taking care of patients and learning new things. I also enjoyed the off the floor clinicals that we did. My favorite off-the-floor clinical was Radiology.

2. What are things you learned?

I learned how to communicate with patients. I also learned how to use the medicine machine to withdrawal medications. It was also helpful to be able to do an assessment on patients.

3. What are things you would do differently?

One thing that I would have done differently is ask more questions. For the first part of the semester I did not want to ask very many questions because I was scared to ask anything that seemed "dumb." Now I know there is no such thing as a dumb question.

4. What is your major "take home" from clinical experience(s)?

My major take home from clinical experience is to always treat the patients with respect and to be confident when taking care of patients. I think these are the most important attributes to a newly becoming nurse.

5. Is there anything else you would like to mention?

The only thing that I wish I would have been able to do is start an IV. I never got the chance to attempt an IV. I would have been nervous at first, but it would have helped me be more confident.