

N321 Adult Health I

Clinical Reflection Form

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End of Clinical Journal

1. Briefly write about your experience(s)

At the beginning of the semester, I was a little nervous about starting these clinicals. I think I was just nervous about the medication passing and administration. I didn't want to mess anything up on administrating them. Also, I was nervous about starting an IV on a patient. Now that it's the end of clinical, I feel a lot more confident about passing medications and priming IV bags and how to work the pump. I only got to do 3 IVs and I did 2 of the 3 successfully. I wish I could have gotten more opportunities to try and insert on IV. Overall, the clinical was a great experience, and many of the nurses were very kind and approachable if I had any questions. I also liked that we were able to go to different units in the hospital and see/experience what it is like to be a nurse on that specific floor and how different/similar the responsibilities/care are.

2. What are things you learned?

I learned how to run antibiotic fluids and some tricks for holding the IV catheter for more control. I also learned how to burp an IV bag so there are fewer air bubbles in the line, although I'm not very good at it yet. I also learned a little about what things are important and relevant to say/ask when giving a report. A lot of the nurses give/take reports differently, so it was nice to be able to see the differences.

3. What are things you would do differently?

I would try and volunteer more for opportunities or be more aware if something I can do/learn from is going on and ask to go do it/observe.

4. What is your major "take-home" from clinical experience(s)?

My major takeaway from my clinical experience is the importance of medication administration. The proper steps of verifying the patient and the medications, scanning the patient and medications, and double-checking the dose and route are all important in ensuring that the wrong medication isn't given or that it is given for the right reason.

5. Is there anything else you would like to mention?