

N321 Adult Health I

Clinical Reflection Form

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End of Clinical Journal

1. Briefly write about your experience(s)

I had a great experience in the DEU unit. I loved June who was my assigned nurse. She was so sweet and helpful. I feel like I learned a lot on the floor. June often asked me questions and tested my critical thinking skills which made me a little nervous to get the answer wrong but I liked that she did that because I feel like it helped me connect the dots in some of the patient's disease processes. I also thought Professor Henry was great! She was so helpful and knowledgeable. She is a great professor and resource. I often saw other nurses going to her for questions on the floor. I would always listen to her answers because of her critical thinking behind the answers and to better my knowledge as well. I also loved that we got to rotate this semester. It helped me look at different departments and see what interests me. PACU was great the team there is very welcoming. Same with wound care and ACU. The ER is very interesting and different but I liked it.

2. What are things you learned?

I learned more about IVs. I also learned about an NG tube. I bettered my patient care. I learned more about disease processes and applying my critical thinking to the patient care.

3. What are things you would do differently?

I would be more confident. Especially in the ER, I felt my confidence drop a little while being down there because of how intimidating it can be.

4. What is your major “take home” from clinical experience(s)?

Every patient is different. Some may have the same disease or suffer from the same thing but they are all different. As well as how important it is to treat the whole patient and not just the symptoms.

5. Is there anything else you would like to mention?

Thank you for a great semester!!!