

N431 Adult Health II

Clinical Reflection Form

Name: Miranda Sentelle

Date: 04/10/2024

Clinical Rotation Site:

1. Briefly write about today's experience(s)

During my clinical rotation, I got to experience two total knee replacements. When the patients came out of surgery, we felt for their pulse in the dorsal pedis and posterior tibial. This is done after surgery to ensure the patient has circulation in the legs and monitor for acute compartment syndrome. I got to care for two patients who would receive a hernia surgery. I learned that right after surgery, the patients need to be reminded to breathe slowly when their oxygen starts to get low. Once the patients were stable, their pain was managed, and wake they were moved to phase two.

2. What is one thing you learned?

One thing I learned during my clinical rotation is if a patient's blood pressure is low post-operative, pushing IV fluids will increase the blood volume in the body. Another thing that could be done to raise a patient's blood pressure is positioning them in the Trendelenburg. The Trendelenburg position rushes blood to the head.

3. What is one thing you would do differently?

I don't think there would be anything I would have done differently. I was engaged by asking questions, helped assess vitals right after surgery, and helped manage the patient's pain, then moved them to phase two.

4. What is your major "take home" from today's clinical experience(s)?

The major "take home" from my clinical experience is that every patient deals with pain differently after surgery, and it helps manage their pain to help them stay stable.

5. Is there anything else you would like to mention?

No, there is nothing else I would like to mention.