

N431 Teaching Plan and Grading Rubric

Student Name:

Criteria	0 points	2.5 points	5 points	Comments
<p><u>Assessment of Client/Family</u></p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Nursing Diagnosis and Goal of Teaching</u></p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Interventions</u></p> <ul style="list-style-type: none"> • Discuss 3 interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	

Criteria	0 points	1 point	2 points	Comments
<u>Methods/Teaching Tools</u> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	Missing 2 of the following: <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	Missing 1 of the following: <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	Includes complete information of all criteria: <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	
Criteria	0 points	1.5 points	3 points	Comments
<u>Evaluation</u> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	Missing 2 or more of the following: <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	Missing 1 of the following: <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	Includes complete information of all criteria: <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	
Criteria	0 points	2.5 points	5 points	Comments

<p>APA Format</p> <ul style="list-style-type: none"> • Appropriate APA in-text citations and listed all appropriate references in APA format • At least 2 scholarly source(s) are utilized and should be 5 or less years old • Source(s) greater than 5 years old will not be accepted • Reference page complete 	<p>No in-text citations present</p> <p>2 or more references are greater than 5 years old</p> <p>3 or more APA errors</p> <p>No reference page present</p>	<p>1-2 APA errors</p> <p>1 reference is greater than 5 years old</p> <p>In-text citations appropriately cited</p> <p>Reference page present</p>	<p>No APA errors present</p> <p>In-text citations appropriately cited</p> <p>Reference page present and formatted properly</p>	
Criteria	0 points	2.5 points	5 points	
<p>Evaluation of Teaching Presentation</p> <p>Introduction of content</p> <p>Patient put at ease</p> <p>Eye contact</p> <p>Clear speech and organized presentation</p> <p>Environment conducive to learning</p> <p>Family included (if applicable)</p> <p>Accuracy of information</p> <p>Validation of learning status</p> <p>Use of teaching aids (interpreter if applicable)</p> <p>Appropriate non-verbal body language</p>	<p>Missing 2 or more of the following criteria:</p> <ul style="list-style-type: none"> • Introduction of content • Patient put at ease • Eye contact • Clear speech and organized presentation • Environment conducive to learning • Family included (if applicable) • Accuracy of information • Validation of learning status • Use of teaching aids • Appropriate non-verbal body language 	<p>Missing 1 of the following criteria:</p> <ul style="list-style-type: none"> • Introduction of content • Patient put at ease • Eye contact • Clear speech and organized presentation • Environment conducive to learning • Family included (if applicable) • Accuracy of information • Validation of learning status • Use of teaching aids • Appropriate non-verbal body language 	<p>Includes all criteria:</p> <ul style="list-style-type: none"> • Introduction of content • Patient put at ease • Eye contact • Clear speech and organized presentation • Environment conducive to learning • Family included (if applicable) • Accuracy of information • Validation of learning status • Use of teaching aids • Appropriate non-verbal body language 	
TOTAL				/30
Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/Teaching Tools (2 points)	Evaluation (3 points)

<p>Level of motivation for learning:</p> <p>The patient is a 69-year-old female who was admitted for a total knee replacement on 3/8/2024. The patient understood that parts of damaged or worn-out knee joints are replaced during knee replacement surgery. The knee will function better, and discomfort will be reduced after surgery. Metal and plastic components are used to repair the broken bone and cartilage throughout the procedure (Mayo Clinic, 2022). The patient has the full support of her family and her daughter. She lives at home.</p> <p>Barriers to effective learning:</p> <p>The patient was knowledgeable about the need to strengthen her knee after surgery while staying within her limits and knew how to go around the house. The patient was open to hearing the post-operative care discussion. The patient participates in the instruction and raises a question. She continues to</p>	<p>Nursing Diagnosis:</p> <p>Impaired physical mobility related to surgical procedure as evidenced by decreased range of motion (Phelps, 2020).</p> <p>Goal of Teaching:</p> <p>The goal of the teaching was to educate the patient on post-operative care for at home when it comes to walking, sitting, laying, and bathing as well as different exercise for recovery of the knee.</p>	<p>Intervention 1:</p> <p>Perform ROM exercises to joints at least once every shift (Phelps, 2020).</p> <p>Intervention 2:</p> <p>Carry out a medical regimen to manage or prevent complications (Phelps, 2020).</p> <p>Intervention 3:</p> <p>Monitor and record daily any evidence of immobility complications (Phelps, 2020).</p>	<p>Method 1:</p> <p>Discussion about post-operative care for at home when it comes to walking, sitting, laying, and bathing. The patient was educating on the safety when caring for her knee replacement once at home.</p> <p>Method 2:</p> <p>Demonstration about exercises that can be done at home to strength the knee. The exercises that were demonstrate to the patient was ankle pumps and circles, straight leg raises, and sitting kicks. These exercises were done either laying down and with assistance.</p>	<p>Discuss how the client/family received the teaching:</p> <p>The client received the teaching with a discussion and teach-back. The client was eager and willing to learn about post-operative care following a total knee replacement and exercises to strength the knee.</p> <p>Identify strengths/weaknesses of the client or family in receiving teaching:</p> <p>A strength of the client in receiving the teaching was she was engaged in demonstrating exercises back. The client was teaching back ankle pumps and circles, and straight leg raises. I don't believe the client had any weakness. She was willing to learn and found other options like an exercise band when certain exercise become difficult to do.</p> <p>Suggest modifications to improve teaching plan</p>
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work on knee extension exercises with and without assistance at her meetings with her physical therapist. I don't believe there were any barriers to effective learning when it came to the patient.

Health beliefs/values:

Christianity is the patient's religion. Her post-operative treatment at home and her care plan are unaffected by her views and values.

Psychosocial development:

Integrity vs. Despair

Cognitive development:

Formal Operational

(what would have improved the plan?):

I think what would have improved my teaching plan would've been practicing the exercise beforehand to properly demonstrate to the patient.

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References (2) (APA):

Phelps, L. L. (2020). *Sparks and Taylor's nursing diagnosis reference manual* (11th ed.). Wolters Kluwer.

Mayo Clinic. (2022, December 21). *Knee replacement - mayo clinic*. mayoclinic.org.

<https://www.mayoclinic.org/tests-procedures/knee-replacement/about/pac-20385276>