



## Reflection Assignment

	Interpreting	Responding	Reflecting
our of o s	<p>If something stood out to you or it was abnormal, explain it's potential cause or patterns that you noticed. Describe any similar situations you have experienced / as well as the similarities or differences between the experiences. Is your interpretation of the situation links to pathophysiology at all, if so - briefly explain.</p> <p>His anxious appearance and voices he was hearing support his diagnosis of schizophrenia, and general anxiety disorder. This makes sense as to why he noticed people approaching him and that took his attention momentarily away.</p>	<p>What additional assessment information do you need based upon your interpretation? What can you do as a nursing student? What did you do? What could you do as a nurse? What therapeutic communication techniques did you utilize?</p> <p>It would be helpful to know more of his social history. As a nursing student or nurse I could utilize my resources by further engaging in conversation or looking at his chart. I utilized active listening, silence, observation, and eye contact.</p>	<p>What is something that you learned? What is something that you might do differently in the future? What is something that you did well? What additional knowledge or skills do you need to help you with future situations like this. Describe any changes in your values or feelings based on this interaction.</p> <p>I learned through observation how having such heightened anxiety can really distract a conversation. I felt I carried a good conversation and used my therapeutic communication techniques well.</p>