N431 Adult Health II

Clinical Reflection Form

Name: Lillian Ljubojevic Date: 3/18/24

Clinical Rotation Site: PACU

1. Briefly write about today's experience(s)

I worked today in PACU. This is my second shift working in this place. The experiences I acquired were done through observing the actions done postoperatively on patients and asking questions to clarify those actions.

2. What is one thing you learned?

Today, I learned about Interstim. This device is used to treat overactive bladder and urinary retention. Interstim is a small metal disc implanted in the lower back near sacral nerves. The sacral nerves innervate the urinary bladder. The device sends electrical pulses to the sacral nerves to work correctly, and that reduces symptoms of bladder control problems. The patient already had Interstim implanted, but it stopped working due to a fall. For that reason, the damaged Interstim was replaced by a new one.

3. What is one thing you would do differently?

I would not change anything. The work system utilized in PACU has been built based on many years of experience and is good. It allows staff to work fast and accurately. Everybody knows their duty. Teamwork is fantastic.

4. What is your major "take home" from today's clinical experience(s)?

The staff did a good job. No mistakes occurred. The staff safely and successfully transitioned all patients from surgery to recovery and after. It was just one typical working day. At the end of the shift, I felt satisfied and fulfilled because I understood the nurse's role in the process.

5. Is there anything else you would like to mention?

BSN students cannot do in PACU most of the skills they are allowed to do. It is because those skills are not performed there.