

# Module Report

Simulation: HealthAssess 3.0

Module: Abdomen



Individual Name: **Lydia Gondzur**

Institution: **Lakeview CON**

Program Type: **BSN**

## Overview Of Most Recent Use

	Date	Time Use	Score
Lesson	3/17/2024	22 min 27 sec	N/A

## Lesson Information:

### Lesson - History:

	Date/Time	Time Use	Total Time Use: 22 min
Lesson	3/17/2024 3:47:40 PM	22 min 27 sec	

This expert chart is intended to assist in evaluating student performance in documentation for this activity. Only the tabs and tables of the chart that warrant entries are included, and the expert responses for comparing against student responses are indicated with bold text.

Tamika Shaw (F)  
MRN: 2886677  
Allergies: none

DOB: 41 years old  
Height: 65 in  
Weight: 165

Attending: Hector Garcia, MD  
Code Status: Full code  
Comments: none

### Notes

Note time	Note Type	Professional Role
5.0 Minutes after start	Nursing/Clinician Note	Nurse

Reports yesterday's food intake: oatmeal & banana for breakfast; turkey sandwich for lunch; mashed potatoes, sausage, and peas for dinner. Occasionally eats dessert. Typical fluid intake is 2 to 3 24-oz bottles of water daily, and a cup of tea.

### Flowsheet

#### Admission

HH 5.0 Minutes after start

#### Home Medication List

Multivitamin                      daily

#### Family History

Cancer                                      Family members affected: Grandfather had prostate cancer

#### Substance(s) used

Alcohol                                      Wine  
Amount: 4 glasses/week  
Would like to quit?:  
Cessation program offered?:  
Last glass 2 days ago

Flowsheet

Assessment

HH 5.0 Minutes after start

HH 15.0 Minutes after start

**Integumentary**

Skin Color

Appropriate for ethnicity

Skin Temperature/Condition

Intact

Skin Turgor

Skin Comments

No lesions or masses present on abdomen

**Gastrointestinal**

Abdomen

Soft, Nontender, Rounded

Bowel Sounds

Active

Passing Flatus

Yes

Last Bowel Movement

4 Days before start

GI Comment

Typically has a bowel movement 3 times a week, and is "pretty regular otherwise." Flatus increases when she ambulates

Abdomen symmetrical, umbilicus is mid-line and inverted. Denies pain with abdominal palpation.

**Pain Assessment**

Pain Location

Left side of abdomen

Numeric Pain Rating

2

Pain Rating – Faces

Pain Relieved By

Pain Comments

Reports left-sided discomfort rated 1 to 2; describes as "crampy." Pain began yesterday.

## Patient Education

HH 5.0 Minutes after start

### Learner Assessment

Learner

Patient

Factors Affecting Ability to Learn

Preferred Method of Learning

Learner Assessment Comments

### Patient Education Documentation

Teaching Methods

Explanation – Verbal

Education Note

Recommended exercises like walking, swimming, and sit-ups to reduce constipation.

Learner Response

Evaluation

Patient Ed. Comment