

Noticing

I chose the drug use questionnaire because. My client struggles with the use of marijuana and ecstasy. The client was open to answering questions and recognized that she needed help with her drug use. I think what stood out to me the most was she expressed that she is usually unable to get through the week without drug use.

Interpreting

I think the cause of her drug abuse is addiction. The ways that drug abuse can be detected are problems at school or work, physical health issues, neglected appearance, and changes in behavior. This client presents with problems in school and changes in behavior. Drug abuse can be a co morbidity to her mental health diagnosis.

Responding

I could use additional information about drug use cessation. As a nursing student I can explore ways to replace drug use such as hobbies, foods, or activities.

Reflecting

I learned that even with minors, I should assess drug use and what it might look like with younger ages. In the future, I should assess ways that the client has tried in the past to stop drug abuse.