

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site: Post-Anesthesia Care Unit

1. Briefly write about today's experience(s)
  - a. The post anesthesia care unit was very interesting. I was able to see a bunch of different cases. Even though most of them were mundane, there were a few that were really interesting. Some of the cases that I saw were an ostomy, lower anterior reduction, left total hip arthroplasty revision, a wound vac for an abdominal incision for an incisional hernia, sacral modulation, and a posterior cervical laminectomy. The cervical laminectomy case was interesting because when he came back, he was having trouble with feeling in his peripheral extremities. Then, his blood pressure dropped, which got him a ticket into the ICU. He was put on blood pressure that was needed to be titrated until his MAP was above 85.
  
2. What is one thing you learned? I learned about a device that helped with sacral neuromodulation. This means that the device helps stimulate the sacral nerve in the brain to help with incontinence, whether it is the bladder or the bowel.
  
3. What is one thing you would do differently? I honestly wouldn't do anything differently. I think that I was very engaged and tried to learn as much as I can, not only from my nurse but from all the nurses in the unit.
  
4. What is your major "take home" from today's clinical experience(s)? My major take-home is that PACU is a great environment. In my opinion it reminds me of the ER in terms of getting people in and out. I liked the environment because it's really lowkey but it can get really hectic really fast. It's like a calmer ER in my opinion and I liked that feeling.
  
5. Is there anything else you would like to mention? No.