

N431 Adult Health II

Clinical Reflection Form

Name: Whisper Brown

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Clinical Rotation Site: Carle T7 CCU

1. Briefly write about today's experience(s)
 - a. During my rotation to CCU, I got to see and experience many new situations. While I was on CCU I had two patients, one with uncontrolled diabetes and another one that had liver failure. Both the patients that I had during my clinical rotation were intubated. During my time with the patient that had uncontrolled diabetes, I got to clean wounds that were present on the patient's feet, administer medications, watch a spinal test, suction the patient, and learn more about why they were there. During my time with the patient that had liver failure, I got to administer medications and talk to their family. While I was on CCU the family of the patient who had liver failure had to make the tough decision to put the patient of comfort care due to no signs of improvement. This experience was really tough for me to be apart of but I am glad take I got to witness it and witness the process of how situations like those are handled.

2. What is one thing you learned?
 - a. One thing I learned during my time on CCU was how doctors check for infection within the spine. Will I was there I got to witness a spinal procedure done on the patient who had uncontrolled diabetes. The doctors inserted a needle into the space between the vertebrae and filled four vials for spinal fluid to send to the lab to have it tested. I also learned how hard it is to witness a family having to decide whether or not to put another family of comfort care.

3. What is one thing you would do differently?
 - a. One thing I would do differently in my situation is ask more questions. During my time with the nurses I tend to not ask questions and I think if I ask more questions I will understand the topic better. Another thing I would do differently would be try and talk to and comfort the family of the patient with liver failure more that I did. I feel like I could have showed them more support in their decision and I also feel like I could have done more to make them feel better.

4. What is your major “take home” from today’s clinical experience(s)?
 - a. My “take home” experience for this clinical rotation was how to take care of patients properly with the help of the staff right next to me encouraging me as I did it. Another “take home” experience from this clinical was learning how hard some aspects of the job could be.

5. Is there anything else you would like to mention?
 - a. I do not have anything else to mention other than my nurse (Brent) was amazing and let me do everything! If it’s possible to have him again that would be great!