

N431 Adult Health II

Clinical Reflection Form

Name: Kadmiel Gwasira

Date: 2/26/24

Clinical Rotation Site: CCU

1. Briefly write about today's experience(s)

Today's experience consisted of being on the CCU unit and taking care of critical patients. I helped with the care of two patients one with a type of encephopathy and the other with a brain bleed that led to comfort measures. I was able to give medications and learn new information of comfort care.

2. What is one thing you learned?

I learned that for comfort care is done until the family is able to come in and they remove the tracheostomy. This is to allow the patient to be comfortable in their final moments as the mechanical ventilation is doing the work at that moment.

3. What is one thing you would do differently?

Nothing would be done differently; just be open to learning.

4. What is your major "take home" from today's clinical experience(s)?

A major takeaway from this clinical experience is that comfort measures are the in-hospital version of hospice but the shorter version.

5. Is there anything else you would like to mention?

When working in an intensive care unit, deaths happen, and they can catch you off guard, but it is important for the nurse to self-reflect.