

N321 Adult Health I

Clinical Reflection Form

Name: Erica King

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

So far in clinical, I still feel very nervous to try things for the first time. I have tried some skills during clinical that I have done well at and others I haven't quite gotten yet. I feel good being on the unit with the Professor, but when I rotate, I still feel kind of lost.

2. What have been good experiences?

I have had good experiences being on the unit with a preceptor. I have enjoyed working with the nurses that I'm learning from in the unit. I have also had good experience in wound care. I loved working with Mary, and she was so knowledgeable about wounds and how to care for them that I felt like I really learned a lot.

3. Have there been any bad experiences? Could be you nervous about a skill or communication?

I still have trouble with being nervous when communicating with the clients and their families. I have always been sort of shy and I am still working on that personally. I also was not a huge fan of being in the ER. I got to see a lot when I was there, but the pace is a little bit too slow.

4. Do you need to talk with anyone in private to discuss clinical?

I think it would be beneficial for me to speak to the professor or someone in private to discuss what I can do to be more assertive and also more open with talking to clients and their families.

5. Is there anything else you would like to mention?

No there isn't anything else I need to mention.